

Pos	Time	No	Name	Sch
1	00:09:14	10	Grace Howie	Poole
2	00:09:32	8	Shelby Haysom	Poole
3	00:09:38	122	Shannon Carroll	1 Gloucestershire Schools
4	00:09:58	5	Emma Fay	Ardee + District
5	00:10:01	124	Holly Jones	2 Gloucestershire Schools
6	00:10:06	123	Bethan Tomlinson	3 Gloucestershire Schools
7	00:10:10	130	Lucy Goudswaard	4 Gloucestershire Schools
8	00:10:11	111	Megan Osborne	5 Cardiff & Vale Schools
9	00:10:13	4	Aoife Donnelly	Ardee + District
10	00:10:15	62	Kerstin Watts	6 GlamValleys Schools
11	00:10:16	9	Annie Ingram	unattached
12	00:10:17	131	Corrigan Cox	7 Gloucestershire Schools
13	00:10:18	61	Rebecca Evans	8 GlamValleys Schools
14	00:10:19	128	Hatti Dent	9 Gloucestershire Schools
15	00:10:20	110	Lucy Tarrant	10 Cardiff & Vale Schools
16	00:10:22	65	Hannah Mittelberger	11 GlamValleys Schools
17	00:10:27	64	Jessica Hegarty	12 GlamValleys Schools
18	00:10:29	129	Cara Froggett	13 Gloucestershire Schools
19	00:10:30	63	Francesca Morris	14 GlamValleys Schools
20	00:10:31	126	Katy Townsend	15 Gloucestershire Schools
21	00:10:32	93	Georgia Morgan	16 Cardiff & Vale Schools
22	00:10:45	55	Kari O'Neill	17 Dyfed Schools
23	00:10:46	92	Lucy Hammett	18 Afan NT Schools
24	00:10:47	136	Kelly Smith	19 Gloucestershire Schools
25	00:10:52	140	Sam Quayle	20 SE Wales Schools
26	00:10:55	104	Rebecca John	21 Cardiff & Vale Schools
27	00:10:57	99	Rachel Bevan	22 Cardiff & Vale Schools
28	00:11:01	142	Malika Rezougui	23 SE Wales Schools
29	00:11:03	151	Ellie Campbell	24 SE Wales Schools
30	00:11:04	20	Unknown Runner	
31	00:11:06	138	Polly Smart	25 Gloucestershire Schools
32	00:11:10	66	Ceyn Emanuel	26 GlamValleys Schools
33	00:11:11	108	Aimee Price	27 Cardiff & Vale Schools
34	00:11:11	100	Talia Price	28 Cardiff & Vale Schools
35	00:11:12	97	Amy Lane	29 Cardiff & Vale Schools
36	00:11:14	56	Grace Gibbon	30 Dyfed Schools
37	00:11:16	133	Beth Wilmore	31 Gloucestershire Schools
38	00:11:18	125	Dory Alexander	32 Gloucestershire Schools
39	00:11:21	2	Trion Davies	Aberystwyth
40	00:11:23	144	Francessca Hyde	33 SE Wales Schools
41	00:11:25	98	Lucy Mogford	34 Cardiff & Vale Schools
42	00:11:28	58	Tesni Galvin	35 Dyfed Schools
43	00:11:31	6	Ciara Leacx	Ardee + District
44	00:11:32	117	Bryony Harper	36 Cardiff & Vale Schools
45	00:11:35	103	Katie Munro	37 Cardiff & Vale Schools
46	00:11:35	81	Elin Davies	38 Afan NT Schools
47	00:11:37	51	Rhian Campbell	39 Dyfed Schools
48	00:11:38	67	Elin Lewis	40 GlamValleys Schools
49	00:11:39	107	Chantara James	41 Cardiff & Vale Schools
50	00:11:42	147	Victoria Young	42 SE Wales Schools
51	00:11:43	112	Kristie Simmons	43 Cardiff & Vale Schools
52	00:11:46	137	Alice Harper	44 Gloucestershire Schools
53	00:11:46	88	Catrin Roberts	45 Afan NT Schools
54	00:11:48	76	Lowri James	46 GlamValleys Schools
55	00:11:50	102	Caitlin Allin	47 Cardiff & Vale Schools
56	00:11:50	68	Ellen Harvard	48 GlamValleys Schools
57	00:11:53	85	Naomi Osborne	49 Afan NT Schools

Teams

1 Gloucestershire	6	1	2	3	4	7	9	26
2 Glamorgan Valleys	6	6	8	11	12	14	26	77
3 Cardiff & Vale Schools	6	5	10	16	21	22	27	101
4 Gloucestershire B	6	13	15	19	25	31	32	135
5 SE Wales Schools	6	20	23	24	33	42	51	193
6 Cardiff & Vale Schools B	6	28	29	34	36	37	41	205
7 Dyfed Schools	6	17	30	35	39	54	78	253
8 Afan Nedd Tawe Schools	6	18	38	45	49	52	58	260
9 Glamorgan Valleys B	6	40	46	48	55	57	62	308
10 Cardiff & Vale Schools C	6	43	47	50	53	60	63	316
11 SE Wales Schools B	6	59	61	65	68	70	73	396
12 Cardiff & Vale Schools D	6	64	66	71	74	76	80	431

Incomplete Teams

Afan Nedd Tawe Schools B	4	69	72	79	81
Glamorgan Valleys C	3	67	75	77	
Gloucestershire C	2	44	56		
	81				

58	00:11:55	106	Izzy Lewis	50	Cardiff & Vale Schools
59	00:11:55	143	Rosie Eccles	51	SE Wales Schools
60	00:11:56	84	Fiona Shuttleworth	52	Afan NT Schools
61	00:11:57	94	Bethan Yapp	53	Cardiff & Vale Schools
62	00:11:58	60	Bethan Cant	54	Dyfed Schools
63	00:12:00	71	Isabelle Hughes	55	GlamValleys Schools
64	00:12:00	139	Cicely Wiggins	56	Gloucestershire Schools
65	00:12:01	73	Bethan Phillips	57	GlamValleys Schools
66	00:12:03	83	Jenny Shuttleworth	58	Afan NT Schools
67	00:12:05	146	Danielle Jordan	59	SE Wales Schools
68	00:12:05	119	Lara Durrani	60	Cardiff & Vale Schools
69	00:12:09	154	Shannon Evans	61	SE Wales Schools
70	00:12:10	79	Holly Short	62	GlamValleys Schools
71	00:12:13	115	Sara Doust	63	Cardiff & Vale Schools
72	00:12:14	120	Rhiannon Jones	64	Cardiff & Vale Schools
73	00:12:20	150	Tamsin Jones	65	SE Wales Schools
74	00:12:25	118	Rachel Bishop	66	Cardiff & Vale Schools
75	00:12:31	77	Naomi Thompson	67	GlamValleys Schools
76	00:12:36	148	Megan Jones	68	SE Wales Schools
77	00:12:37	91	Maria Titley	69	Afan NT Schools
78	00:12:38	152	Kayleigh Price	70	SE Wales Schools
79	00:12:40	121	Rhiannon Lloyd Williams	71	Cardiff & Vale Schools
80	00:12:44	90	Caitlin Rees-Godwin	72	Afan NT Schools
81	00:12:47	156	Fiona Anthony	73	SE Wales Schools
82	00:12:49	95	Lisa James	74	Cardiff & Vale Schools
83	00:12:50	72	Harley Howells	75	GlamValleys Schools
84	00:12:51	7	Alice Ohare		Ardee + District
85	00:12:52	114	Leah Byrne	76	Cardiff & Vale Schools
86	00:12:54	78	Mair Davies	77	GlamValleys Schools
87	00:12:57	59	Taylor MacLeod	78	Dyfed Schools
88	00:12:58	86	Laura Kerswell	79	Afan NT Schools
89	00:12:58	113	Chloe Eva	80	Cardiff & Vale Schools
90	00:13:03	89	Keavy Slattery	81	Afan NT Schools