

Pos	Time	No	Name	Sch
1	14:10	2	Daniel Mills	Nuneston
2	00:14:33	8	Max Van Haefte	Donore H
3	00:14:43	137	Tom Purnell	1 Gloucestershire Schools
4	00:14:52	4	Frank Bailey	Shaftesbury Barnet
5	00:14:59	123	Luke Carroll	2 Gloucestershire Schools
6	00:15:06	7	Fergus O'Reilly	Bournemouth
7	00:15:15	93	Elliott Hardee	3 SE Wales Schools
8	00:15:15	165	Tom Davis	4 GlamValleys Schools
9	00:15:37	138	Harri Coldray	5 Gloucestershire Schools
10	00:15:43	6	Josh McHugh	Trafford
11	00:15:46	92	James Hanrahan	6 SE Wales Schools
12	00:15:54	3	Barry Faulkner	Ardee & District
13	00:15:56	124	Kerion Hale	7 Gloucestershire Schools
14	00:15:59	91	Daniel Chesworth	8 SE Wales Schools
15	00:16:03	149	Elliott Mears	9 Cardiff & Vale Schools
16	00:16:04	127	Will Paulson	10 Gloucestershire Schools
17	00:16:05	188	Liam Lloyd	11 Dyfed Schools
18	00:16:12	112	Daniel Lewis	12 Afan NT Schools
19	00:16:15	113	Matthew O'Leary	13 Afan NT Schools
20	00:16:19	126	Adam Thrall	14 Gloucestershire Schools
21	00:16:22	192	Lloyd Heckler	15 Dyfed Schools
22	00:16:23	128	Gethin Richards	16 Gloucestershire Schools
23	00:16:25	159	Sam Longville	17 Cardiff & Vale Schools
24	00:16:30	97	Kieran Stephens	18 SE Wales Schools
25	00:16:31	193	Liam Jones	19 Dyfed Schools
26	00:16:34	129	Tommaso Migliuolo	20 Gloucestershire Schools
27	00:16:37	135	Aaron Phelps	21 Gloucestershire Schools
28	00:16:41	194	Ronan Lyr	22 Dyfed Schools
29	00:16:43	142	Declan Court	23 Cardiff & Vale Schools
30	00:16:44	130	Charles Dee	24 Gloucestershire Schools
31	00:16:45	147	Tom Bevan	25 Cardiff & Vale Schools
32	00:16:46	141	Aled Pottinger	26 Cardiff & Vale Schools
33	00:16:48	101	Oliver Weedon	27 SE Wales Schools
34	00:16:51	185	Matthew Antoniazzi	28 GlamValleys Schools
35	00:16:53	170	Lewis Green	29 GlamValleys Schools
36	00:16:58	132	Kieren Meheran	30 Gloucestershire Schools
37	00:16:58	200	Davy Lewis	31 Dyfed Schools
38	00:17:01	5	Samuel Peter Ham	Poolle
39	00:17:03	106	Thomas Matthews	32 SE Wales Schools
40	00:17:05	163	Rhys George	33 Cardiff & Vale Schools
41	00:17:06	133	xander Browning	34 Gloucestershire Schools
42	00:17:09	122	Ben Jenkins	35 Afan NT Schools
43	00:17:12	189	Grant Westcott	36 Dyfed Schools
44	00:17:16	144	Rhys Griffin	37 Cardiff & Vale Schools
45	00:17:19	14	Unknown Runner	
46	00:17:21	94	Stephen Scarfi	38 SE Wales Schools
47	00:17:25	105	David Middleton	39 SE Wales Schools
48	00:17:25	164	Rory Heslop	40 Cardiff & Vale Schools
49	00:17:28	140	James Hunt	41 Cardiff & Vale Schools
50	00:17:28	154	Dan Owen	42 Cardiff & Vale Schools
51	00:17:33	157	Gareth Jones	43 Cardiff & Vale Schools
52	00:17:35	111	Sean White	44 Afan NT Schools
53	00:17:35	198	Timmy Jones	45 Dyfed Schools
54	00:17:38	99	Jonathan Moon	46 SE Wales Schools
55	00:17:41	98	Alex Davies	47 SE Wales Schools
56	00:17:45	116	Carwyn Evans	48 Afan NT Schools
57	00:17:46	146	Sam Lane	49 Cardiff & Vale Schools
58	00:17:47	161	Sam Middlemiss	50 Cardiff & Vale Schools
59	00:17:47	3	Already Finished	
60	00:17:48	155	Elliott Parry	51 Cardiff & Vale Schools
61	00:17:49	152	Matthew Sullivan	52 Cardiff & Vale Schools
62	00:17:50	177	Joseph Gatt	53 GlamValleys Schools
63	00:17:54	114	Stephen Reynolds	54 Afan NT Schools
64	00:17:57	95	Ryan Cole	55 SE Wales Schools
65	00:18:01	109	William Davies	56 SE Wales Schools
66	00:18:02	117	Paul Tobin	57 Afan NT Schools
67	00:18:03	168	Ryan Parker	58 GlamValleys Schools
68	00:18:06	158	Keiron McNamara	59 Cardiff & Vale Schools
69	00:18:09	180	Aled Jenkins	60 GlamValleys Schools
70	00:18:26	100	Matthew Cuff	61 SE Wales Schools
71	00:18:31	179	Ieuan Black	62 GlamValleys Schools
72	00:18:34	160	Duke Durham	63 Cardiff & Vale Schools
73	00:18:45	139	David Graves	64 Cardiff & Vale Schools
74	00:18:50	103	Ben Ford	65 SE Wales Schools
75	00:18:53	118	David Murray	66 Afan NT Schools
76	00:18:56	121	Jake Price	67 Afan NT Schools
77	00:19:01	174	Jamie Jones	68 GlamValleys Schools
78	00:19:07	134	Joshua Staton	69 Gloucestershire Schools
79	00:21:23	187	Dylan Yates	70 GlamValleys Schools
80	00:22:25	197	Daniel Jones	71 Dyfed Schools

Teams**Gloucestershire**

SE Wales Schools

Cardiff & Vale Schools

Dyfed Schools

Gloucestershire B

Afan Nedd Tawe Schools

Glamorgan Valleys

Cardiff & Vale Schools B

SE Wales Schools B

Cardiff & Vale Schools C

Incomplete Teams

Glamorgan Valleys B

Afan Nedd Tawe Schools B

SE Wales Schools C

Dyfed Schools B

Gloucestershire C

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