

Pos	Time	No	Name	Sch
1	00:20:10	115	Robert Galt	1 Gloucestershire Schools
2	00:20:22	114	Tom Curr	2 Gloucestershire Schools
3	00:20:33	12	John Travers	Donore H
4	00:20:44	116	Ben Coldray	3 Gloucestershire Schools
5	00:20:55	9	Sam Witter	Trafford
6	00:21:06	161	Jonathan Hopkins	4 Glam Valleys Schools
7	00:21:08	1	Nathan Young	Mendip
8	00:21:10	182	Josh Harries	5 Dyfed Schools
9	00:21:28	183	Nicky Morell	6 Dyfed Schools
10	00:21:53	13	Eric Keogh	Donore H
11	00:22:04	117	Charlie White	7 Gloucestershire Schools
12	00:22:07	130	Chris Carpanini	8 SE Wales Schools
13	00:22:09	162	Alex Edwards	9 Glam Valleys Schools
14	00:22:12	11	Stephen Pierce	Menai
15	00:22:15	119	George Livingstone-Thompson	10 Gloucestershire Schools
16	00:22:21	190	Matthew Richards	11 Dyfed Schools
17	00:22:37	108	Owen Haswell	12 Cardiff & Vale Schools
18	00:22:41	104	Matt Thomas	13 Cardiff & Vale Schools
19	00:22:44	123	Jordan Frapwell	14 Gloucestershire Schools
20	00:22:50	120	Lewis Gani	15 Gloucestershire Schools
21	00:22:50	188	Alex Matchett	16 Dyfed Schools
22	00:23:04	127	Tom Foster	17 Gloucestershire Schools
23	00:23:08	166	Owain Chick	18 Glam Valleys Schools
24	00:23:10	7	William Bobkin	Unattached
25	00:23:10	99	Peter Davies	19 Cardiff & Vale Schools
26	00:23:15	15	Unknown Runner	
27	00:23:24	181	Marcus James	20 Glam Valleys Schools
28	00:23:30	149	James McEvoy	21 Afan NT Schools
29	00:23:32	150	Ceri Lewis	22 Afan NT Schools
30	00:23:34	24	Unknown Runner	
31	00:23:42	109	Abdi Yusef	23 Cardiff & Vale Schools
32	00:23:45	98	Nick Gallimore	24 Cardiff & Vale Schools
33	00:23:45	101	Sam Pemberton	25 Cardiff & Vale Schools
34	00:23:49	132	Fraddir Naseriyan	26 SE Wales Schools
35	00:23:55	185	Luke Parker	27 Dyfed Schools
36	00:23:57	121	Adam Gouha	28 Gloucestershire Schools
37	00:23:59	153	Ben Pritchard	29 Afan NT Schools
38	00:24:00	156	Ryan Davies	30 Afan NT Schools
39	00:24:02	184	Phillip Mayhew	31 Dyfed Schools
40	00:24:03	128	Nathan Jones	32 Gloucestershire Schools
41	00:24:03	107	Darren Jones	33 Cardiff & Vale Schools
42	00:24:05	168	Cai James	34 Glam Valleys Schools
43	00:24:08	125	Henry Broom	35 Gloucestershire Schools
44	00:24:14	131	George Phillpotts	36 SE Wales Schools
45	00:24:21	124	Jack McMullen	37 Gloucestershire Schools
46	00:24:29	126	Lawrence Hughes	38 Gloucestershire Schools
47	00:24:31	136	Evan Hughes	39 SE Wales Schools
48	00:24:33	140	Jake Hughes	40 SE Wales Schools
49	00:24:33	152	Christian Williams	41 Afan NT Schools
50	00:24:42	189	Paul Bennett	42 Dyfed Schools
51	00:24:53	111	Robert Batchelor	43 Cardiff & Vale Schools
52	00:24:57	169	Brennig Emanuel	44 Glam Valleys Schools
53	00:25:13	110	Ben Bryl	45 Cardiff & Vale Schools
54	00:25:16	142	Lewis Shaw	46 SE Wales Schools
55	00:25:16	97	Rhys Thomas	47 Cardiff & Vale Schools
56	00:25:21	113	Sean Cronin	48 Cardiff & Vale Schools
57	00:25:38	141	Robert Morgan	49 SE Wales Schools
58	00:25:39	172	Alex John	50 Glam Valleys Schools
59	00:25:44	105	Stefano Falsini	51 Cardiff & Vale Schools
60	00:25:44	145	James Middleton	52 SE Wales Schools
61	00:25:51	148	Matt Kinloch	53 SE Wales Schools
62	00:25:58	138	Emrys Penny	54 SE Wales Schools
63	00:26:14	100	Richard Monnickedam	55 Cardiff & Vale Schools
64	00:26:19	14	Jared Wilson	Nuneaton H
65	00:26:32	158	Rhodri Jones	56 Afan NT Schools
66	00:26:45	155	Luke Price	57 Afan NT Schools
67	00:26:46	112	Joseff Whitmarsh-Knight	58 Cardiff & Vale Schools
68	00:27:04	3	Adam Byrne	Ardee + District
69	00:27:16	175	Connor Wickham	59 Glam Valleys Schools
70	00:27:27	179	David Morgan	60 Glam Valleys Schools
71	00:27:49	146	Tom Powell-Touig	61 SE Wales Schools
72	00:31:14	159	Sam Joseph	62 Afan NT Schools

Teams

1	Gloucestershire	6	1	2	3	7	10	14	37
2	Dyfed Schools	6	5	6	11	16	27	31	96
3	Cardiff & Vale Schools	6	12	13	19	23	24	25	116
4	Glamorgan Valleys	6	4	9	18	20	34	44	129
5	Gloucestershire B	6	15	17	28	32	35	37	164
6	Afan Nedd Tawe Schools	6	22	29	30	41	56	178	
7	SE Wales Schools	6	8	26	36	39	40	46	195
8	Cardiff & Vale Schools B	6	33	43	45	47	48	51	267
	Incomplete Teams								
	SE Wales Schools B	4	49	52	53	54			
	Glamorgan Valleys B	3	50	59	60				
	Cardiff & Vale Schools C	2	55	58					
	Afan Nedd Tawe Schools B	2	57	62					
	Dyfed Schools B	1	42						
	Gloucestershire C	1	38						
		61							