

Pos	Time	No	Name	Sch
1	00:16:29	117	Zoe Thomas	1 GlamValleys Schools
2	00:17:09	153	Natasha Cockram	2 SE Wales Schools
3	00:17:15	104	Angharad Davies	3 Dyfed Schools
4	00:17:20	103	Emily Downey	4 Dyfed Schools
5	00:17:20	101	Aneura Phillips	5 Dyfed Schools
6	00:17:29	171	Brittany Teague	6 Gloucestershire Schools
7	00:17:30	151	Steffi Wright	7 SE Wales Schools
8	00:17:37	2	Michelle Allen	Cardiff
9	00:17:48	138	Cerys Morgan	8 Afan NT Schools
10	00:17:51	174	Rachel Price	9 Gloucestershire Schools
11	00:17:54	168	Vicky Jackson	10 SE Wales Schools
12	00:17:59	173	Immogen Simmonds	11 Gloucestershire Schools
13	00:18:01	140	Katrina Ley	12 Afan NT Schools
14	00:18:02	119	Sloane Kinsella	13 GlamValleys Schools
15	00:18:04	192	Lauren Regan	14 Cardiff & Vale Schools
16	00:18:16	177	Anna Tattersall	15 Gloucestershire Schools
17	00:18:17	178	Rachel Underhill	16 Gloucestershire Schools
18	00:18:18	172	Rosie Gale	17 Gloucestershire Schools
19	00:18:21	205	Lauren Brobin	18 Cardiff & Vale Schools
20	00:18:22	3	Natalie Allen	Cardiff
21	00:18:34	190	Ceri Sayce	19 Cardiff & Vale Schools
22	00:18:40	176	Emily Docherty	20 Gloucestershire Schools
23	00:18:50	121	Jessica Stacey	21 GlamValleys Schools
24	00:19:01	120	Ffion Jones	22 GlamValleys Schools
25	00:19:02	180	Olivia Willson	23 Gloucestershire Schools
26	00:19:03	179	Helen Pugh	24 Gloucestershire Schools
27	00:19:18	175	Alice Thomas	25 Gloucestershire Schools
28	00:19:24	183	Julia Fish	26 Gloucestershire Schools
29	00:19:41	181	Hannah Jones	27 Gloucestershire Schools
30	00:19:43	110	Jennie Brock	28 Dyfed Schools
31	00:19:47	107	Jessica Gates	29 Dyfed Schools
32	00:19:48	188	Lana Evans	30 Cardiff & Vale Schools
33	00:19:51	202	Cerri-Anne Santos	31 Cardiff & Vale Schools
34	00:20:07	1	Virginia Green	Salisbury
35	00:20:09	139	Nia Lewis	32 Afan NT Schools
36	00:20:16	144	Claire Waters	33 Afan NT Schools
37	00:20:27	131	Carys Evans	34 GlamValleys Schools
38	00:20:29	141	Rhiannon Anderson	35 Afan NT Schools
39	00:20:30	158	Kathleen Cardwell	36 SE Wales Schools
40	00:20:39	122	Nia Challinor	37 GlamValleys Schools
41	00:20:40	193	Sabrina James	38 Cardiff & Vale Schools
42	00:20:42	112	Nia Owen	39 Dyfed Schools
43	00:20:42	108	Eleri Allan	40 Dyfed Schools
44	00:20:44	199	Eluned Hyde	41 Cardiff & Vale Schools
45	00:20:55	200	Hannah Manley	42 Cardiff & Vale Schools
46	00:20:59	196	Jo Westwood	43 Cardiff & Vale Schools
47	00:21:05	186	Charlotte Grey	44 Gloucestershire Schools
48	00:21:05	169	Ella Stone	45 SE Wales Schools
49	00:21:24	194	Alice Johnston	46 Cardiff & Vale Schools
50	00:21:31	195	Angharad Thomas	47 Cardiff & Vale Schools
51	00:21:32	204	Manon Williams	48 Cardiff & Vale Schools
52	00:21:32	164	Hannah Wilcox	49 SE Wales Schools
53	00:22:07	163	Emily Haynes	50 SE Wales Schools
54	00:22:40	159	Sioned Brereton	51 SE Wales Schools
55	00:22:47	125	Paige Barnell	52 GlamValleys Schools

Teams

1	Gloucestershire	6	6	9	11	15	16	17	74
2	Dyfed Schools	6	3	4	5	28	29	39	108
3	Glamorgan Valleys	6	1	13	21	22	34	37	128
4	Gloucestershire B	6	20	23	24	25	26	27	145
5	SE Wales Schools	6	2	7	10	36	45	49	149
6	Cardiff & Vale Schools	6	14	18	19	30	31	38	150
7	Afan Nedd Tawe Schools	6	8	12	32	33	35	53	173
8	Cardiff & Vale Schools B	6	41	42	43	46	47	48	267
	Incomplete Teams								
	SE Wales Schools B	5	50	51	54	56		62	
	Glamorgan Valleys B	4	52	58	60	61			
	Afan Nedd Tawe Schools B	4	55	57	59	63			
	Dyfed Schools B	1	40						
	Gloucestershire C	1	44						
		63							

56	00:22:47	142	Rachel Banks	53	Afan NT Schools
57	00:23:15	167	Jane Davies	54	SE Wales Schools
58	00:23:23	147	Bethan Davies	55	Afan NT Schools
59	00:23:26	162	Abigail Jones	56	SE Wales Schools
60	00:24:14	145	Rebecca Reilly	57	Afan NT Schools
61	00:24:20	127	Kayleigh Hughes	58	GlamValleys Schools
62	00:25:19	148	Michaela Davies	59	Afan NT Schools
63	00:25:24	132	Olivia Jones	60	GlamValleys Schools
64	00:25:26	129	Katy Bridges	61	GlamValleys Schools
65	00:25:40	166	Antoinette Damayne	62	SE Wales Schools
66	00:26:54	149	Rachel Ward	63	Afan NT Schools