

Pos	Time	No	Name	Sch
1	00:22:07	6	Simon Lawson	1 Cardiff & Cardiff & Vale Sch
2	00:22:20	104	Joe Dalglish	2 Gloucestershire Schools
3	00:22:28	22	Richard Peters	South West England
4	00:22:37	23	Steve Gallienne	South West England
5	00:22:56	11	Dave Fitmaurice	Clonliffe
6	00:23:06	55	Adam Bitchell	3 Dyfed Schools
7	00:23:08	26	Dan Woolford	South West England
8	00:23:14	79	Gavin Hanrahan	4 SE Wales Schools
9	00:23:18	12	Eoin Pierce	Clonliffe
10	00:23:22	106	Christopher Dobson	South West England
11	00:23:27	19	Lee Van Haefte	Donore
12	00:23:47	91	Matt Withey	5 Gloucestershire Schools
13	00:23:52	81	Michael Kershaw	6 SE Wales Schools
14	00:23:58	92	Carl Frapwell	7 Gloucestershire Schools
15	00:23:59	13	Chris Moore	Aldershot Farnham & D
16	00:24:00	75	Ali Soljhoo	8 GlamValleys Schools
17	00:24:14	51	Luke Watson	9 Dyfed Schools
18	00:24:16	61	Rhys Jones	10 Afan NT Schools
19	00:24:22	52	Daniel Thomas	11 Dyfed Schools
20	00:24:25	18	Darren Kelly	Donore
21	00:24:29	93	Richard de Camps	12 Gloucestershire Schools
22	00:24:37	114	Tomos Whitmarsh-Knight	13 Cardiff & Vale Schools
23	00:24:41	67	Tom Miller	14 Afan NT Schools
24	00:24:46	94	Andrew Kaighin	15 Gloucestershire Schools
25	00:25:07	69	Will Douglas	16 Afan NT Schools
26	00:25:11	60	Chris Driscoll	17 Afan NT Schools
27	00:25:14	15	Michael Pierce	Menai
28	00:25:21	4	Simon Smith	Bristol University
29	00:25:24	88	Callum Kinloch	18 SE Wales Schools
30	00:25:29	65	Rhodri Harris	19 Afan NT Schools
31	00:25:31	8	Gethin Edwards	Menai
32	00:25:42	103	Max Shaughnessy	20 Gloucestershire Schools
33	00:25:45	107	David Garner	21 Cardiff & Vale Schools
34	00:25:49	58	Geraint Mansfield	22 Dyfed Schools
35	00:25:51	14	Alan Metcalfe	Poole
36	00:25:53	64	Aled Anderson	23 Afan NT Schools
37	00:25:54	66	Antonio Cirillo	24 Afan NT Schools
38	00:25:55	109	Chris Silver	25 Cardiff & Vale Schools
39	00:26:02	98	William New	26 Gloucestershire Schools
40	00:26:05	21	Tadgh Prendiville	Donore
41	00:26:06	108	Huw Adams	27 Cardiff & Vale Schools
42	00:26:23	59	Adam Marshall	28 Afan NT Schools
43	00:26:32	110	Joseph Beech	29 Cardiff & Vale Schools
44	00:26:34	73	Hywel Jones	30 GlamValleys Schools
45	00:26:36	71	Jerome Evans	31 Afan NT Schools
46	00:27:07	97	Tom Jess	32 Gloucestershire Schools
47	00:27:25	112	Craig Hudson	33 Cardiff & Vale Schools
48	00:28:21	105	Richard Leahy	34 Cardiff & Vale Schools
49	00:28:38	100	Dan Ade-Odia	35 Gloucestershire Schools
50	00:28:40	96	Joe Ballinger	36 Gloucestershire Schools
51	00:29:26	5	Matthew Haines	Bristol University
52	00:30:01	85	John Worgan	37 SE Wales Schools
53	00:30:55	102	Nick Butler	38 Gloucestershire Schools
54	00:32:17	87	Tristian Castling	39 SE Wales Schools
55	00:32:24	17	Robert Way	unattached

Teams

1	Gloucestershire	6	2	5	7	12	15	20	61
2	Afan Nedd Tawe Schools	6	10	14	16	17	19	23	99
3	Cardiff & Vale Schools	6	1	13	21	25	27	29	116
	Incomplete Teams								
	SE Wales Schools	5	4	6	18	37	39		
	Gloucestershire B	5	26	32	35	36	38		
	Dyfed Schools	4	3	9	11	12			
	Afan Nedd Tawe Schools B	3	24	28	31				
	Glamorgan Valleys	2	8	30					
	Cardiff & Vale Schools B	2	33	34					
		39							