

Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

Dry but cold; Course reasonably firm; u15 boys ran a short course, misdirected by marshal, all ran the same course.

Senior Boys – 6.8 km

Pos	Time	No	Name	Team	Sch Pos
1	22:16	315	Harvey Dixon	Aldershot, Farnham & D	
2	22:32	311	Ian Bailey	Aldershot Farnham & D	
3	22:44	314	Zak Seddon	Bracknell AC	
4	22:45	312	Joshua Grace	Aldershot	
5	22:46	301	Edward Shepherd	Herts Pheonix AC	
6	22:57	326	Alex Hill	Team Bath	
7	23:00	319	Bradley Goater	Windsor Slough Eton & H	
8	23:05	329	Blair Brown	Taunton AC	
9	23:07	310	Rhys Park	Bristol & West	
10	23:12	306	Calum Johnson	Gateshead Harriers	
11	23:13	325	Dan Nash	Cornwall H	
12	23:13	323	Chris Carpanini	Newport Harriers	
13	23:33	336	Iestyn Harrett	Celtic Tri	
14	23:33	308	Brett Halliwell	Stroud AC	
15	23:35	340	Chris Perrin	Cannock & Stafford AC	
16	23:39	313	Luca Rosso	Tonbridge	
17	23:41	328	Aaron Hanlon	Clonliffe Harriers	
18	23:51	405	Matthew Edwards	Cardiff & Vale Schools	1
19	24:09	360	Josh Griffiths	Dyfed Schools	2
20	24:17	409	Mike Ward	Cardiff & Vale Schools	3
21	24:24	388	Luke Carroll	Gloucestershire Schools	4
22	24:38	361	Morgan Davies	Glam Valleys Schools	5
23	24:46	402	Elliot Slade	Cardiff & Vale Schools	6
24	25:07	339	James Perrin	Cannock & Stafford AC	
25	25:12	330	Mark Mckenzie	Clonliffe Harriers	
26	25:13	307	Daniel Johnson	Gateshead Harriers	
27	25:22	378	Xander Brown	Gloucestershire Schools	7
28	25:30	406	Tom Bevan	Cardiff & Vale Schools	8
29	25:44	333	Elliott Hardee	South East Wales Schools	9
30	25:50	359	Ronan Llyr	Dyfed Schools	10
31	25:51	154	Geraint Robbins	Glam Valleys Schools	11
32	25:52	411	Sam Longville	Cardiff & Vale Schools	12
33	25:54	304	Owen Haswell	Barry & Vale Harriers	
34	26:02	318	Liam Ashton	Clonliffe Harriers	
35	26:13	380	Freek van Arkel	Gloucestershire Schools	13
36	26:13	390	Curtis Goodger	South East Wales Schools	14
37	26:16	320	Eoin McCullough	Clonliffe Harriers	
38	26:19	391	Evan Wynne	South East Wales Schools	15
39	26:23	302	Matthew Deacon	Bristol & West AC	
40	26:43	332	Jonathan Bradley Ward	Clonliffe Harriers	
41	26:49	354	Matthew O'Leary	Afan Nedd Tawe Schools	16
42	27:08	385	Seb Cheli	Gloucestershire Schools	17
43	27:12	376	Carsten Adams	Gloucestershire Schools	18
44	27:16	392	Jacob Zennadi	South East Wales Schools	19
45	27:21	337	Jordan Frapwell	University of Glamorgan	
46	27:28	156	Alistair Gibson	Gloucestershire Schools	20
47	27:34	403	Elliot Clissold	Cardiff & Vale Schools	21
48	27:39	317	John Buckley	Clonliffe Harriers	
49	27:44	335	Mark Ring	Clonliffe Harriers AC	
50	27:45	316	Tyrone Fowler	Newport Harriers	
51	27:50	381	George Bonnicks	Gloucestershire Schools	22
52	28:38	121	Tom Holmes	Gloucestershire Schools	23
53	28:44	369	Ieuan Gardiner	Glam Valleys Schools	24
54	29:24	400	Jordan Bachelor	South East Wales Schools	25
55	30:08	384	Yesper Adams	Gloucestershire Schools	26
56	30:14	373	Jacob Minnett	Glam Valleys Schools	27
57	31:53	393	Tom Hall	South East Wales Schools	28
58	31:54	366	Daniel Glen	Glam Valleys Schools	29
59	32:36	404	Jack Bloomfield	Cardiff & Vale Schools	30
60	35:11	371	Nicholas Smart	Glam Valleys Schools	31
61	36:43	399	Dan Howarth	South East Wales Schools	32
62	36:50	370	Thomas Davies	Glam Valleys Schools	33

Teams

1	Cardiff & the Vale	6	1	3	6	8	12	21	51
2	Gloucestershire	6	4	7	13	17	18	20	79
3	South East Wales	6	9	14	15	19	25	28	110
4	Glamorgan Valleys	6	5	11	24	27	29	31	127
Incomplete teams									
	Gloucestershire B	3	22	23	26				71
	Dyfed	2	2	10					12
	Cardiff & the Vale B	1	30						30
	Glamorgan Valleys B	1	33						33
	Afan Nedd Tawe	1	16						
	South East Wales B	1	32						

Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

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Senior Girls 4.6 km

Pos	Time	No	Name	Team	Sch Pos
1	16:35	521	Annabel Gummow	Bristol & West	
2	16:46	508	Jennifer Walsh	Spensborough	
3	17:27	509	Jess Chen	Portsmouth AC	
4	17:33	507	Abbie Hetherington	Carlisle Aspatria	
5	17:43	510	Hannah Tarver	Wirral AC	
6	17:55	506	Melissa Courtney	Shaftesbury Barnet	
7	17:56	517	Ffion Price	Powys Schools	1
8	17:56	522	Alex Stainthorpe	Team Bath	
9	18:18	563	Amber Watson	Gloucestershire Schools	2
10	18:24	518	Rhianwedd Price	Powys Schools	3
11	18:28	512	Alice Burgin	Bedford & County	
12	18:29	519	Sarah Livett	Eryri Schools	4
13	18:36	523	Jessica Harvey	Erme Valley H	
14	18:41	525	Olivia Sadler	Bristol & West	
15	19:06	524	Imogen Wolsey	Bath	
16	19:14	558	Megan Withers	Dyfed Schools	5
17	19:24	514	Roisin Leahy	Clonliffe Harriers	
18	19:26	566	Camilla Barnes	Gloucestershire Schools	6
19	19:30	502	Clera Evans	Hereford & County AC	
20	19:42	564	Beth Wynn	Gloucestershire Schools	7
21	20:06	555	Katie Reynolds	Afan Nedd Tawe Schools	8
22	20:13	520	Jemima Osborn	Afan Nedd Tawe Schools	9
23	20:13	565	Beth Hawling	Gloucestershire Schools	10
24	20:47	559	Stacey Webber	Dyfed Schools	11
25	21:00	575	Katie Smith	Cardiff & Vale Schools	12
26	21:07	572	Fiona Bray	Cardiff & Vale Schools	13
27	21:10	577	Majidah Harb	Cardiff & Vale Schools	14
28	21:16	567	Elana Dimmer	South East Wales Schools	15
29	21:27	552	Ainsley Richards	Afan Nedd Tawe Schools	16
30	21:36	553	Elysia Pearson	Afan Nedd Tawe Schools	17
31	25:32	569	Zoe Holloway	South East Wales Schools	18
32	26:06	527	Eleanor Parkin	UWIC	
33	27:25	570	Victoria Grinnall	South East Wales Schools	19

Teams

1	Gloucestershire	4	2	6	7	10	25
2	Afan Nedd Tawe	4	8	9	16	17	50
	Incomplete teams						
	Cardiff & the Vale	3	12	13	14		
	South East Wales	3	15	18	19		
	Powys	2	1	3			
	Dyfed	2	5	11			
	Eryri	1	4				

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Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

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Inter/Middle Boys – 5.7 km

Pos	Time	No Name	Team	Sch Pos
1	18:50	1456 Jonathan Davies	Reading AC	
2	19:07	1471 Hobie Martin	Bristol & West AC	
3	19:37	1467 Kyran Hale	Severn AC	
4	19:38	1455 Tom Hook	City of Norwich	
5	19:50	1460 Ryan Moore	Sale Harriers	
6	19:52	1510 Connor Davies	Afan Nedd Tawe Schools	1
7	19:53	1459 Christopher Middleton	East Cheshire Harriers	
8	20:00	1556 Alex George	Gloucestershire Schools	2
9	20:15	1473 Rowan Preece	Taunton AC	
10	20:16	1472 Zak Tobias	Bristol & West AC	
11	20:23	1458 Gwynant Jones	Maldwyn Harriers	
12	20:29	1470 Joe Walton	Taunton AC	
13	20:34	1558 Thomas George	Gloucestershire Schools	3
14	20:37	1468 Luke Jacobs	Bristol & West AC	
15	20:41	1469 Kristian Edwards	Leicester Coritanian AC	
16	20:43	1602 John Cove	Cardiff & Vale Schools	4
17	20:46	1557 Matt Doyle	Gloucestershire Schools	5
18	20:46	1615 Jack Gooch	Cardiff & Vale Schools	6
19	20:46	1534 Christian Lovatt	Dyfed Schools	7
20	20:56	1457 Alastair Weymouth	Border Harriers	
21	20:59	1608 Ciaran Lewis	Cardiff & Vale Schools	8
22	21:01	1512 Deri Stewart	Afan Nedd Tawe Schools	9
23	21:06	1536 Lewis Jones	Glamorgan Valleys Schools	10
24	21:09	1463 Isaac Taschimowitz	Taunton AC	
25	21:09	1560 Danny Stewart	Gloucestershire Schools	11
26	21:15	1527 Callum Beare	Dyfed Schools	12
27	21:16	1564 Scott Carpenter	Gloucestershire Schools	13
28	21:19	1562 Jack Fear	Gloucestershire Schools	14
29	21:20	1537 James Hunt	Glamorgan Valleys Schools	15
30	21:23	1524 Ieuan Cooke	Dyfed Schools	16
31	21:25	1580 Chris Price	South East Wales Schools	17
32	21:27	1561 Harry Bishop	Gloucestershire Schools	18
33	21:31	1565 Matt Parr	Gloucestershire Schools	19
34	21:36	1563 Harry Mahoney	Gloucestershire Schools	20
35	21:45	1578 Jordan Ellis	South East Wales Schools	21
36	21:48	1213 Dominic Tutton	Gloucestershire Schools	22
37	21:51	1582 Ben Jones	South East Wales Schools	23
38	21:53	1559 Tom Parnell	Gloucestershire Schools	24
39	22:02	1528 Liam Bradley	Dyfed Schools	25
40	22:03	1216 Ryan Hearn	Gloucestershire Schools	26
41	22:10	1531 Laurie Hanorth	Dyfed Schools	27
42	22:12	1604 Nick Jones	Cardiff & Vale Schools	28
43	22:16	1618 Jacob Preece	Cardiff & Vale Schools	29
44	22:19	1212 Luke Bloodworth	Gloucestershire Schools	30
45	22:24	1465 Ben Hawkins	Taunton AC	
46	22:24	1577 Tom Sidorowicz	South East Wales Schools	31
47	22:25	1548 Liam Hatch	Glamorgan Valleys Schools	32
48	22:26	1614 Lewis Brunt	Cardiff & Vale Schools	33
49	22:51	1529 Emlyn Lewis	Dyfed Schools	34
50	22:54	1579 Alex Dowell	South East Wales Schools	35
51	23:10	1583 Kieron Williams	South East Wales Schools	36
52	23:12	1506 Ashley Hopkins	Afan Nedd Tawe Schools	37
53	23:20	1587 James Middlecote	South East Wales Schools	38
54	23:23	1507 Ashley John	Afan Nedd Tawe Schools	39
55	23:27	1520 Rhydian Jones	Afan Nedd Tawe Schools	40
56	23:29	1574 Jamie Harper	Gloucestershire Schools	41
57	23:36	1619 Elliot Richards	Cardiff & Vale Schools	42
58	23:37	1584 Michael Lewis	South East Wales Schools	43
59	23:38	1576 Will Leney	South East Wales Schools	44
60	23:39	1590 Dylan Jones	South East Wales Schools	45
61	23:40	1586 Rory Talbot	South East Wales Schools	46
62	23:47	1610 Luke Gill	Cardiff & Vale Schools	47
63	23:54	1511 Daniel Hall	Afan Nedd Tawe Schools	48
64	23:59	1464 Matthew Tucker	Powys Schools	49
65	24:00	1588 Seb Pearson	South East Wales Schools	50
66	24:11	1555 Morgan Gooch	Glamorgan Valleys Schools	51
67	24:15	1603 Ieuan Mercer	Cardiff & Vale Schools	52
68	24:16	1612 Will Parker	Cardiff & Vale Schools	53
69	24:18	1594 Gareth Hurman	Cardiff & Vale Schools	54

70	24:31	1547 Lewis Alexander	Glamorgan Valleys Schools	55
71	24:32	1613 Tom Rawlings	Cardiff & Vale Schools	56
72	24:33	1620 Ieuan Jones	Cardiff & Vale Schools	57
73	24:36	1591 Will Baker	South East Wales Schools	58
74	24:37	1609 Kameron Clash	Cardiff & Vale Schools	59
75	24:42	1598 David Rogers	Cardiff & Vale Schools	60
76	24:59	1550 Sion Lewis	Glamorgan Valleys Schools	61
77	25:01	1519 Ben Williams	Afan Nedd Tawe Schools	62
78	25:02	1530 Samuel Withers	Dyfed Schools	63
79	25:04	1597 Curtis Hayes	Cardiff & Vale Schools	64
80	25:05	1593 Tom Leney	South East Wales Schools	65
81	25:31	1513 Dyfan Tinnuche	Afan Nedd Tawe Schools	66
82	25:34	1589 Ben Miles	South East Wales Schools	67
83	25:40	1596 James Lofthouse	Cardiff & Vale Schools	68
84	25:47	1616 Jacob O'Donnell	Cardiff & Vale Schools	69
85	25:58	1508 Ben Lang	Afan Nedd Tawe Schools	70
86	26:04	1509 Cian Richards	Afan Nedd Tawe Schools	71
87	26:21	1515 Jamie Mclean	Afan Nedd Tawe Schools	72
88	26:31	1601 Morgan Williams	Cardiff & Vale Schools	73
89	26:36	1606 Gareth Hopkins	Cardiff & Vale Schools	74
90	26:40	1595 Dan Ladner	Cardiff & Vale Schools	75
91	27:16	1522 Steven Williams	Afan Nedd Tawe Schools	76
dnf		Meirin Evans	Cardiff & Vale Schools	

Teams

1	Gloucestershire	6	2	3	5	11	13	14	48
2	Cardiff & the Vale	6	4	6	8	28	29	33	108
3	Dyfed	6	7	12	16	25	27	34	121
4	Gloucestershire B	6	18	19	20	22	24	26	129
5	South East Wales	6	17	21	23	31	35	36	163
6	Afan Nedd Tawe	6	1	9	37	39	40	48	174
7	Glamorgan Valleys	6	10	15	32	51	55	61	224
8	South East Wales B	6	38	43	44	45	46	50	266
9	Cardiff & the Vale B	6	42	47	52	53	54	56	304
10	Afan Nedd Tawe B	6	62	66	70	71	72	76	355
11	Cardiff & the Vale C	6	57	59	60	64	68	69	377

Incomplete Teams

South East Wales C	3	58	65	67					
Cardiff & the Vale D	3	73	74	75					
Gloucestershire C	2	30	41						
Powys	1	49							
Dyfed B	1	63							
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Cardiff & the Vale of Glamorgan Schools AA

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Junior Boys – 4.1 km – Ran a short course

Pos	Time	No	Name	Team	Sch Pos
1	11:49	1108	Jac Hopkins	Swansea Harriers	
2	11:50	1107	Paulos Asgodon	Enfield & Haringey	
3	11:58	1109	Petros Asgodom	Enfield & Haringey	
4	12:00	1122	Josh Kerr	Edinburgh AC	
5	12:14	1110	Eillis Cross	Tamworth AC	
6	12:20	1106	Declan McManus	Worcester AC	
7	12:23	1105	Daniel Haymes	Derby AC	
8	12:24	1103	Christian Von Eitzen	Radley AC	
9	12:25	1114	Iolo Llyr Hughes	Menai Track & Field	
10	12:44	1167	Nikita Neary	Dyfed Schools	1
11	12:51	1116	James Taylor	Wirral AC	
12	12:53	1218	Tyler Pritchard	SE Wales Schools	2
13	12:57	1111	Samuel Lane De Courtin	Tavistock AC	
14	13:06	1113	Christopher Brown	Oldham & Royton Harriers	
15	13:12	1262	Rhys Gooch	Cardiff & Vale Schools	3
16	13:17	1257	Jake Heyward	Cardiff & Vale Schools	4
17	13:22	1181	Alex Price	Glam Valleys Schools	5
18	13:33	1104	Matthew Ward	Derby AC	
19	13:33	1200	Jack Turner	Gloucestershire Schools	6
20	13:34	1201	George Bygrave	Gloucestershire Schools	7
21	13:37	1215	Jacob Pickering	Gloucestershire Schools	8
22	13:48	1170	Marinus Petersen	Dyfed Schools	9
23	13:48	1168	Elgan Roberts	Dyfed Schools	10
24	14:00	1261	Aeron Evans	Cardiff & Vale Schools	11
25	14:05	1180	Danny Morgan	Glam Valleys Schools	12
26	14:07	1203	Tom Pinkham	Gloucestershire Schools	13
27	14:12	1220	Josh Sparks	SE Wales Schools	14
28	14:16	1222	Liam Cornock	SE Wales Schools	15
29	14:18	1214	Ben Folland	Gloucestershire Schools	16
30	14:18	1259	Kieran Harris	Cardiff & Vale Schools	17
31	14:19	1269	Jac Skuse	Cardiff & Vale Schools	18
32	14:21	1205	William Staddon	Gloucestershire Schools	19
33	14:25	1189	Tomos Acreman	Glam Valleys Schools	20
34	14:26	1223	Henry Jones	South East Wales Schools	21
35	14:28	1202	Josh Dowle	Gloucestershire Schools	22
36	14:28	1230	Mathew Grantham	South East Wales Schools	23
37	14:29	1268	Charlie Heaton	Cardiff & Vale Schools	24
38	14:30	1175	Euan Cox	Dyfed Schools	25
39	14:33	1162	Ollie Moyse	Afan Nedd Tawe Schools	26
40	14:34	1217	Jasper Greenleaf	Gloucestershire Schools	27
41	14:36	1232	Thomas Britton Yemm	South East Wales Schools	28
42	14:37	1228	Cador Morgan	South East Wales Schools	29
43	14:39	1157	James Carsley	Afan Nedd Tawe Schools	30
44	14:41	1206	Joshua Mathews	Gloucestershire Schools	31
45	14:42	1118	Gethin Jones	Cardiff AAC	
46	14:44	1112	Jack Eggington	Cardiff & Vale Schools	32
47	14:45	1224	Ed Harper	South East Wales Schools	33
48	14:46	1176	Geraint Harries	Dyfed Schools	34
49	14:48	1208	Sam Barnes	Gloucestershire Schools	35
50	14:51	1172	Aled Phillips	Dyfed Schools	36
51	14:52	1227	James Tillet	South East Wales Schools	37
52	14:53	1243	Alex Love	Cardiff & Vale Schools	38
53	14:54	1234	John Wardle	Cardiff & Vale Schools	39
54	14:55	1185	Danyaal Mohamed	Glam Valleys Schools	40
55	14:57	1229	Peter Barnes	South East Wales Schools	41
56	14:59	1173	Finnlay Thompson	Dyfed Schools	42
57	14:59	1240	Aled George	Cardiff & Vale Schools	43
58	15:00	1271	Joe Alder	Cardiff & Vale Schools	44
59	15:02	1191	Jac Smith	Glam Valleys Schools	45
60	15:06	1166	William Reynolds	Afan Nedd Tawe Schools	46
61	15:09	1253	Ewan Lynch	Cardiff & Vale Schools	47
62	15:10	1263	Sam Curwen	Cardiff & Vale Schools	48
63	15:12	1221	Thomas Arnold	South East Wales Schools	49
64	15:13	1207	Charlie Richards	Gloucestershire Schools	50
65	15:14	1164	Shaun Morgans	Afan Nedd Tawe Schools	51
66	15:15	1169	Rory Johns	Dyfed Schools	52
67	15:18	1247	Rhyddian Rodrigues	Cardiff & Vale Schools	53
68	15:19	1161	Nicholas Porter	Afan Nedd Tawe Schools	54
69	15:22	1272	Joseph Scammell	Cardiff & Vale Schools	55
70	15:23	1159	Kavan Williams	Afan Nedd Tawe Schools	56
71	15:24	1241	Oliver Hassey	Cardiff & Vale Schools	57
72	15:28	1242	Tom Vinestock	Cardiff & Vale Schools	58
73	15:30	1274	George Gough	Cardiff & Vale Schools	59
74	15:31	1255	Jack Griffiths	Cardiff & Vale Schools	60
75	15:32	1246	Ellery Thomas	Cardiff & Vale Schools	61
76	15:40	1252	Dafydd Manley	Cardiff & Vale Schools	62
77	15:43	1235	Anthony Walker	South East Wales Schools	63
78	15:44	1154	Connor McCalman	Afan Nedd Tawe Schools	64
79	15:54	1266	Matthew Dawson	Cardiff & Vale Schools	65
80	16:06	1117	Jonathan Parr	Cheltenham	
81	16:10	1237	Ethan Lovell	Cardiff & Vale Schools	66
82	16:19	1264	Alex Langrish	Cardiff & Vale Schools	67
83	16:25	1243	Ben Barber	Cardiff & Vale Schools	68
84	16:39	1249	Dewi Bennett	Cardiff & Vale Schools	69
85	17:12	1192	Ryan Harris	Glam Valleys Schools	70
86	17:33	1244	Jordan Fender	Cardiff & Vale Schools	71

Teams

1	Gloucestershire	6	6	7	8	13	16	19	69
2	Cardiff & the Vale	6	3	4	11	17	18	24	77
3	South East Wales	6	2	14	15	21	23	28	103
4	Dyfed	6	1	9	10	25	34	36	115
5	Glamorgan Valleys	6	5	12	20	40	45	70	192
6	Cardiff & the Vale B	6	32	38	39	43	44	47	243
7	South East Wales B	6	29	33	37	41	43	69	252
8	Afan Nedd Tawe	6	26	30	46	51	54	56	263
9	Cardiff & the Vale C	6	48	53	55	57	58	59	330
10	Cardiff & the Vale D	6	60	61	62	65	66	67	381
	Incomplete Teams								

Cardiff & the Vale of Glamorgan Schools AA

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Dry but cold; Course reasonably firm; u15 boys ran a short course, misdirected by marshal, all ran the same course.

Gloucestershire B	5	22	27	31	35	50	
Cardiff & the Vale E	3	68	69	71			
Dyfed B	2	42	52				
Afan Nedd Tawe B	1	64					

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Year 7 Boys – 2.4 km

Pos	Time	No	Name	Team	Sch	Pos	Time	No	Name	Team	Sch
1	08:29	2	Hugo Milner	Derby AC		48	10:37	38	Luke Bartlett	Afan Nedd Tawe Schools	38
2	08:56	3	Harrison Yarnold	Dorset Pentathletes		49	10:38	11	Edward Penhaligan	St John's	
3	09:07	8	Dan Wilde	Taunton AC		50	10:39	133	James Short	Cardiff & Vale Schools	39
4	09:14	1	Elliott Matier	Carlisle Aspatria		51	10:40	35	Joseph Tobin	Afan Nedd Tawe Schools	40
5	09:26	53	Ben Edwards	Glamorgan Valleys Schools	1	52	10:41	138	Antonio Peacock	Cardiff & Vale Schools	41
6	09:30	10	Harry Grace	Aldershot Farnham & District		53	10:42	102	Connor Morgan Parry	South East Wales Schools	42
7	09:36	75	Harry Davis	Gloucestershire Schools	2	54	10:43	60	Rhodri Griffiths	Glamorgan Valleys Schools	43
8	09:37	29	Elliott Lawrence	Afan Nedd Tawe Schools	3	55	10:44	121	Oliver Davies	Cardiff & Vale Schools	44
9	09:38	74	Ben Roberts	Gloucestershire Schools	4	56	10:44	117	Rhys Davies	Cardiff & Vale Schools	45
10	09:41	55	Evan Williams	Glamorgan Valleys Schools	5	57	10:45	114	Harry Carter	Cardiff & Vale Schools	46
11	09:41	12	Carwyn Penny	St John's		58	10:45	47	Robbie Jones	Dyfed Schools	47
12	09:42	5	Michael Roberts	Colwyn Bay		59	10:47	139	Haaris Khan	Cardiff & Vale Schools	48
13	09:46	43	Sam Martin	Afan Nedd Tawe Schools	6	60	10:50	104	Daniel Hawkesford	South East Wales Schools	49
14	09:46	78	Cameron Redpath	Gloucestershire Schools	7	61	10:51	136	Nick Lai	Cardiff & Vale Schools	50
15	09:47	80	Bradley Morgan	Gloucestershire Schools	8	62	10:52	27	Ben Evans	Afan Nedd Tawe Schools	51
16	09:49	73	Casey Fallows	Gloucestershire Schools	9	63	10:52	129	Rhys Bradshaw	Cardiff & Vale Schools	52
17	09:50	79	Jack Derrick	Gloucestershire Schools	10	64	10:52	105	Josh Wakefield	South East Wales Schools	53
18	09:50	77	Harry Wise	Gloucestershire Schools	11	65	10:56	107	Jamie Greenslade	South East Wales Schools	54
19	09:54	26	Ben Bartlett	Afan Nedd Tawe Schools	12	66	10:57	34	Jonathan James	Afan Nedd Tawe Schools	55
20	09:59	4	Oliver Jones	Swansea Harriers		67	10:57	70	Ieuan Farrer	Glamorgan Valleys Schools	56
21	09:59	76	Harry Wells	Gloucestershire Schools	13	68	10:58	101	Callum Weaver	South East Wales Schools	57
22	10:00	94	Isaac Thurgood	South East Wales Schools	14	69	10:59	142	Emyr Stanbury	Cardiff & Vale Schools	58
23	10:01	54	Cullen Bonnici	Glamorgan Valleys Schools	15	70	10:59	134	Jamie Walker	Cardiff & Vale Schools	59
24	10:01	83	Tom Pudifoot	Gloucestershire Schools	16	71	11:02	98	Taine Luther	South East Wales Schools	60
25	10:02	84	Joseph Speak	Gloucestershire Schools	17	72	11:02	122	Owen Morris	Cardiff & Vale Schools	61
26	10:06	143	James Vincent	Cardiff & Vale Schools	18	73	11:03	147	Ioan Roberts	Cardiff & Vale Schools	62
27	10:06	113	Benjamin Paris	Cardiff & Vale Schools	19	74	11:03	6	Joseph Haworth	Haverfordwest	
28	10:09	99	Tom Payne	South East Wales Schools	20	75	11:03	7	Christopher Parr	Cheltenham	
29	10:10	9	Darren Morrey	Staffordshire Moorlands		76	11:04	123	Oliver Dixon	Cardiff & Vale Schools	63
30	10:11	39	Mark Tobin	Afan Nedd Tawe Schools	21	77	11:06	128	Max Thomas	Cardiff & Vale Schools	64
31	10:14	127	James Driscoll	Cardiff & Vale Schools	22	78	11:07	118	Bert Parker	Cardiff & Vale Schools	65
32	10:15	33	Jacob Seal	Afan Nedd Tawe Schools	23	79	11:07	132	Jacob Clash	Cardiff & Vale Schools	66
33	10:18	49	Llew Jones	Dyfed Schools	24	80	11:07	103	Ethan Jones	South East Wales Schools	67
34	10:19	95	Ieuan Lucas	South East Wales Schools	25	81	11:08	125	Sebastian Donnelly	Cardiff & Vale Schools	68
35	10:20	93	Iwan Burgwin	South East Wales Schools	26	82	11:09	45	Morgan Llewelyn	Dyfed Schools	69
36	10:20	100	Joe Bowden	South East Wales Schools	27	83	11:10	124	Callum Brown	Cardiff & Vale Schools	70
37	10:22	115	Joseph Hewings	Cardiff & Vale Schools	28	84	11:10	41	Rhys Lewis	Afan Nedd Tawe Schools	71
38	10:25	148	Ieuan Jones	Cardiff & Vale Schools	29	85	11:11	51	Steffan Rees	Dyfed Schools	72
39	10:26	135	Luke Short	Cardiff & Vale Schools	30	86	11:12	131	Ben Willicombe	Cardiff & Vale Schools	73
40	10:26	97	Iwan Read	South East Wales Schools	31	87	11:13	69	Duncan Bowler	Glamorgan Valleys Schools	74
41	10:30	120	Jac Chamberlain	Cardiff & Vale Schools	32	88	11:14	37	Joshua Williams	Afan Nedd Tawe Schools	75
42	10:30	96	Louis Davies Cren	South East Wales Schools	33	89	11:14	31	Jack Jenkins	Afan Nedd Tawe Schools	76
43	10:32	110	Ben Harrison	South East Wales Schools	34	90	11:17	144	Louis Willson	Cardiff & Vale Schools	77
44	10:32	111	Jordan Collett	South East Wales Schools	35	91	11:18	130	Tom Wright	Cardiff & Vale Schools	78
45	10:33	141	Samuelle Williams	Cardiff & Vale Schools	36	92	11:19	109	Cole Doolan	South East Wales Schools	79
46	10:34	126	Ben Thomas	Cardiff & Vale Schools	37	93	11:20	48	Rhun Edwards	Dyfed Schools	80
47	10:36	13	Jacob Critchley	St John's		94	11:31	119	Huw Johnson	Cardiff & Vale Schools	81
						95	11:54	116	Joseph Batte	Cardiff & Vale Schools	82
						96	12:51	46	Huw Cooke	Dyfed Schools	83

Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

Dry but cold; Course reasonably firm; u15 boys ran a short course, misdirected by marshal, all ran the same course.

Dnf	140	Joe Munn	Cardiff & Vale Schools
Dnf	146	Jonah Griffiths	Cardiff & Vale Schools

Teams

1	Gloucestershire	6	2	4	7	8	9	10		40
2	Afan Nedd Tawe	6	3	6	12	21	23	38		103
3	South East Wales	6	14	20	25	26	27	31		143
4	Cardiff & the Vale	6	18	19	22	28	29	30		146
5	Glamorgan Valleys	6	1	5	15	43	56	74		194
6	Cardiff & the Vale B	6	32	36	37	39	41	44		229
7	South East Wales B	6	33	34	35	42	49	53		246
8	Cardiff & the Vale C	6	45	46	48	50	52	58		299
9	Afan Nedd Tawe B	6	40	51	55	71	75	76		368
10	Cardiff & the Vale D	6	59	61	62	63	64	65		374
11	Dyfed	6	24	47	69	72	80	83		375
12	Cardiff & the Vale E	6	66	68	70	73	77	78		432
Incomplete Teams										
	South East Wales C	5	54	57	60	67	79			
	Gloucestershire B	4	11	13	16	17				
	Cardiff & the Vale F	2	81	82						

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Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

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Inter/Middle Girls – 4.6 km

Pos	Time	No	Name	Team	Sch
1	17:07	1639	Becky Straw	Cannock & Stafford AC	Pos
2	17:39	1641	Jenny Nesbitt	Worcester AC	
3	17:51	1637	Emma Dunnett	Edinburgh AC	
4	18:23	1640	Rachael Dunn	Edinburgh AC	
5	18:32	1748	Malika Rezougui	South East Wales Schools	1
6	18:39	1647	Lauren Hawtin	Oxford City AC	
7	18:41	1642	Annasley Park	Bristol & West AC	
8	18:43	1648	Victoria Kenny	Bristol & West AC	
9	18:45	1638	Oonagh Dennett	Edinburgh AC	
10	18:56	1716	Rebecca Evans	Glamorgan Valleys Schools	2
11	19:03	1692	Elin Davies	Afan Nedd Tawe Schools	3
12	19:24	1697	Lara Phillipart	Afan Nedd Tawe Schools	4
13	19:48	1790	Kate Seary	Cardiff & Vale Schools	5
14	19:52	1694	Iona Evans	Afan Nedd Tawe Schools	6
15	19:55	1749	Ellie Campbell	South East Wales Schools	7
16	19:58	1712	Cari Harries	Dyfed Schools	8
17	20:03	1705	Rhian Homer	Dyfed Schools	9
18	20:06	1711	Kari O'Neill	Dyfed Schools	10
19	20:09	1750	Menna Rose	South East Wales Schools	11
20	20:15	1646	Ffion Haf Harrett	Celtic Tri	
21	20:21	1775	Jessica Jaques	Cardiff & Vale Schools	12
22	20:24	1787	Kate Coker	Cardiff & Vale Schools	13
23	20:27	1784	Betsan Jenkins	Cardiff & Vale Schools	14
24	20:29	1782	Erin Hayes	Cardiff & Vale Schools	15
25	20:35	1783	Megan Osborne	Cardiff & Vale Schools	16
26	20:40	1645	Aimee Carron	Clonliffe Harriers	
27	20:42	1740	Rachel See	Gloucestershire Schools	17
28	20:44	1752	Chelsie Harris	South East Wales Schools	18
29	20:49	1747	Lucy Goudswaard	Gloucestershire Schools	19
30	20:52	1742	Holly Jones	Gloucestershire Schools	20
31	21:00	1739	Charlotte Dunn	Gloucestershire Schools	21
32	21:04	1780	Rhiannon Middleton	Cardiff & Vale Schools	22
33	21:06	1741	Georgie Fenn	Gloucestershire Schools	23
34	21:06	1738	Flo Pickles	Gloucestershire Schools	24
35	21:08	1736	Fenella Madley	Gloucestershire Schools	25
36	21:12	1644	Rachel Murray	Clonliffe Harriers	
37	21:13	1717	Ellie Harvard	Glamorgan Valleys Schools	26
38	21:15	1019	Charlotte Styles	Gloucestershire Schools	27
39	21:25	1792	Stephanie Lowe	Cardiff & Vale Schools	28
40	21:31	1751	Francesca Hyde	South East Wales Schools	29
41	21:35	1743	Jessica Robins	Gloucestershire Schools	30
42	21:38	1745	Danielle Sharpe	Gloucestershire Schools	31
43	21:41	1757	Olivia Turley	South East Wales Schools	32
44	21:48	1744	Rebecca Bidwell	Gloucestershire Schools	33
45	21:51	1719	Francesca Morris	Glamorgan Valleys Schools	34

46	21:55	1779	Megan Barker	Cardiff & Vale Schools	35
47	22:02	1791	Sophie Tipping	Cardiff & Vale Schools	36
48	22:03	1703	Megan Thomas	Dyfed Schools	37
49	22:05	1704	Lowri Heckler	Dyfed Schools	38
50	22:37	1785	Angharad Cole	Cardiff & Vale Schools	39
51	22:40	1720	Rachel Flaherty	Glamorgan Valleys Schools	40
52	22:41	1777	Montanna Deacon	Cardiff & Vale Schools	41
53	22:42	1701	Naomi Osborn	Afan Nedd Tawe Schools	42
54	22:46	1758	Bethan Jackson	South East Wales Schools	43
55	22:47	1714	Danielle Franklin	Dyfed Schools	44
56	22:53	1756	Cheyenne Sinclair	South East Wales Schools	45
57	22:57	1709	Hannah Austin	Dyfed Schools	46
58	23:02	1693	Frankie Dickens	Afan Nedd Tawe Schools	47
59	23:07	1766	Emma Hennessey	South East Wales Schools	48
60	23:16	1695	Julia Hughes	Afan Nedd Tawe Schools	49
61	23:38	1746	Bethan Skuse	Gloucestershire Schools	50
62	23:49	1774	Lily Sepahpour	Cardiff & Vale Schools	51
63	23:52	1764	Ffion Wynne	South East Wales Schools	52
64	23:53	1776	Miriam Bennett	Cardiff & Vale Schools	53
65	24:04	1696	Katie Evans	Afan Nedd Tawe Schools	54
66	24:10	1732	Megan Bunney	Glamorgan Valleys Schools	55
67	24:11	1773	Laura Trigg	Cardiff & Vale Schools	56
68	24:12	1689	Cai Sampson	Afan Nedd Tawe Schools	57
69	24:16	1765	Chloe Goddard	South East Wales Schools	58
70	24:37	1690	Catrin Roberts	Afan Nedd Tawe Schools	59
71	24:41	1688	Alex Bramer	Afan Nedd Tawe Schools	60
72	24:53	1771	Tillie Carter	Cardiff & Vale Schools	61
73	25:01	1769	Kathryn Gardner	Cardiff & Vale Schools	62
74	25:07	1789	Lauren Blake	Cardiff & Vale Schools	63
75	25:17	1793	Ffion Davies	Cardiff & Vale Schools	64
76	25:21	1755	Samantha Walker	South East Wales Schools	65
77	25:38	1767	Bethan Yapp	Cardiff & Vale Schools	66
78	25:41	1700	Lucy Hammett	Afan Nedd Tawe Schools	67
79	25:52	1768	Elin Bowen	Cardiff & Vale Schools	68
80	26:39	1770	Sara Phillips	Cardiff & Vale Schools	69

Teams

1	Cardiff & the Vale	6	5	12	13	14	15	16	75
2	South East Wales	6	1	7	11	18	29	32	98
3	Gloucestershire	6	17	19	20	21	23	24	124
4	Dyfed	6	8	9	10	37	38	44	146
5	Afan Nedd Tawe	6	3	4	6	42	47	49	151
6	Gloucestershire B	6	25	27	30	31	33	50	196
7	Cardiff & the Vale B	6	22	28	35	36	39	41	201
8	South East Wales B	6	43	45	48	52	58	65	311
9	Cardiff & the Vale C	6	51	53	56	61	62	63	346
	Incomplete Teams								
	Afan Nedd Tawe B	5	54	57	59	60	67		
	Glamorgan Valleys	5	2	26	34	40	55		
	Cardiff & the Vale D	4	64	66	68	69			
	Dyfed B	1	46						

Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012
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Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

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Junior Girls – 3.6 km

Pos	Time	No	Name	Team	Sch Pos	48	16:4 3	107	Annabelle Birch-Hurst	Cardiff & Vale Schools	37
1	13:2 2	906	Elisabeth Hood	Poole AC		49	16:4 4	101	Zoe Davison	Gloucestershire Schools	38
2	13:2 4	905	Siannah Rayment	Bracknell AC		50	16:4 4	984	Ffion Jenkins	Dyfed Schools	39
3	13:4 1	903	Olivia Gwynn	Swansea Harriers		51	16:4 9	105	Nadine James	Cardiff & Vale Schools	40
4	13:4 4	911	Hannah Cox	Charnwood AC		52	16:5 1	105	Rebecca Thomas	Cardiff & Vale Schools	41
5	13:5 7	912	Megan Soanes	City of Norwich		53	16:5 1	104	Daisy Pathy	Cardiff & Vale Schools	42
6	13:5 8	910	Sophie Tarver	Wirral AC		54	16:5 4	106	Lucy Davies	Cardiff & Vale Schools	43
7	14:1 5	907	Heidi Davies	Brecon AC & Powys Schools	1	55	16:5 5	107	Ysobelle Williams	Cardiff & Vale Schools	44
8	14:1 8	916	Bethany Hawtin	Oxford City AC		56	16:5 5	106	Genevieve Kirk	Cardiff & Vale Schools	45
9	14:2 5	913	Alexandra Cawthra	Maldwyn Harriers		57	16:5 6	105	Cerys Bradshaw	Cardiff & Vale Schools	46
10	14:3 7	914	Kirtsy Stanley	Team Bath		58	16:5 6	104	Kelsea Peterson	Cardiff & Vale Schools	47
11	14:4 1	992	Bethan Evans	Glamorgan Valleys Schools	2	59	16:5 7	959	Eira James	Afan Nedd Tawe Schools	48
12	14:4 1	901	Mollie Wynne Davies	Menai & Eryri Schools	3	60	16:5 7	102	Megan Jones	South East Wales Schools	49
13	14:4 8	104 7	Caitlin Xerri	Cardiff & Vale Schools	4	61	16:5 8	106	Ameera Hassan	Cardiff & Vale Schools	50
14	14:5 0	976	Jessica Bradley	Dyfed Schools	5	62	16:5 9	105	Ela Emyr	Cardiff & Vale Schools	51
15	14:5 5	101 2	Maia Hawkins	Gloucestershire Schools	6	63	17:0 0	106	Llinos Jones	Cardiff & Vale Schools	52
16	14:5 5	100 9	Olivia Bloodworth	Gloucestershire Schools	7	64	17:0 2	102	Ellie Plumley	South East Wales Schools	53
17	14:5 7	972	Caitlin Page	Dyfed Schools	8	65	17:1 0	100	Shauna Webber	Glamorgan Valleys Schools	54
18	15:0 4	990	Emma Lighthart	Glamorgan Valleys Schools	9	66	17:1 3	106	Sian Jones	Cardiff & Vale Schools	55
19	15:0 7	102 3	Isobel P Jones	South East Wales Schools	10	67	17:1 6	108	Clemmie Carson	Gloucestershire Schools	56
20	15:0 8	101 0	Emily Dowle	Gloucestershire Schools	11	68	17:2 0	102	Erin Bryce	South East Wales Schools	57
21	15:1 7	105 0	Megan Tatnell	Cardiff & Vale Schools	12	69	17:2 4	108	Felicity Harrison	Gloucestershire Schools	58
22	15:2 1	969	Alicia Jones	Dyfed Schools	13	70	17:2 6	998	Joe-Dianna Grabham	Glamorgan Valleys Schools	59
23	15:2 8	971	Beth Meopham	Dyfed Schools	14	71	17:2 9	963	Kristy Smith	Afan Nedd Tawe Schools	60
24	15:2 9	106 1	Alice Broadley	Cardiff & Vale Schools	15	72	17:3 8	102	Georgia Haines	South East Wales Schools	61
25	15:3 1	101 1	Claudia Ovens	Gloucestershire Schools	16	73	17:4 0	980	Siobhan Eleri	Dyfed Schools	62
26	15:3 2	917	Grace Smalley	Taunton		74	17:4 1	958	Claire Hill	Afan Nedd Tawe Schools	63
27	15:3 3	105 7	Gwenno Waddington	Cardiff & Vale Schools	17	75	17:4 4	103	Sophie Williams	South East Wales Schools	64
28	15:3 4	981	Amber Howell	Dyfed Schools	18	76	17:4 6	100	Felicity Savill	Glamorgan Valleys Schools	65
29	15:4 2	101 8	Elizabeth Sutton	Gloucestershire Schools	19	77	17:4 8	102	Lauren Williams	South East Wales Schools	66
30	15:4 8	101 4	Elena Hatheway	Gloucestershire Schools	20	78	17:5 2	103	Emily Williams	South East Wales Schools	67
31	15:4 8	107 8	Emma Key	Cardiff & Vale Schools	21	79	17:5 3	106	Laura Satterly	Cardiff & Vale Schools	68
32	15:4 9	107 4	Emily Wooster	Cardiff & Vale Schools	22	80	18:0 0	157	Amber Everett	Gloucestershire Schools	69
33	15:5 5	102 2	Georgie Timms	Gloucestershire Schools	23	81	18:0 2	974	Laura Nix	Dyfed Schools	70
34	15:5 6	101 5	Emma Jones	Gloucestershire Schools	24	82	18:0 5	105	Lowri Tomkinson	Cardiff & Vale Schools	71
35	15:5 7	102 0	Alice George	Gloucestershire Schools	25	83	18:0 6	994	Ellis Thomas	Glamorgan Valleys Schools	72
36	16:0 3	975	Ffion Quan	Dyfed Schools	26	84	18:0 6	952	Aby Rodrigues	Afan Nedd Tawe Schools	73
37	16:0 5	106 2	Elishka Coupar	Cardiff & Vale Schools	27	85	18:0 7	105	Alice Tudor	Cardiff & Vale Schools	74
38	16:1 0	982	Shannon De Smet	Dyfed Schools	28	86	18:0 7	103	Jemima Griffiths	South East Wales Schools	75
39	16:1 2	970	Tegan Harrison	Dyfed Schools	29	87	18:1 1	973	Isabelle Davies	Dyfed Schools	76
40	16:2 1	172 1	Jazmine Briganti	Bridgend AC		88	18:1 2	107	Rebecca Humpage	Cardiff & Vale Schools	77
41	16:2 1	985	Carys James	Dyfed Schools	30	89	18:1 2	104	Georgia Groves	South East Wales Schools	78
42	16:2 4	954	Awen Lewis	Afan Nedd Tawe Schools	31	90	18:1 2	965	Rachel O'Keefe	Afan Nedd Tawe Schools	79
43	16:2 9	107 0	Katharine Steggles	Cardiff & Vale Schools	32	91	18:1 6	103	Sophie Smith	South East Wales Schools	80
44	16:3 3	977	Alice Russell-Stretch	Dyfed Schools	33	92	18:2 0	995	Lucy Edwards	Glamorgan Valleys Schools	81
45	16:3 4	107 9	Rosie-May Thompson	Cardiff & Vale Schools	34	93	18:2 1	104	Tesni Sewell	Cardiff & Vale Schools	82
46	16:3 4	101 6	Tara Sladen	Gloucestershire Schools	35	94	18:2 1	100	Emilia Stevenson	Glamorgan Valleys Schools	83
47	16:3 6	101 3	Hester Elvidge	Gloucestershire Schools	36	95	18:2 4	100	Beth Granville	Glamorgan Valleys Schools	84
						96	18:2 6	107	Rhiannon Long	Cardiff & Vale Schools	85

Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

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97	18:3 1	908	Cailin Tootell	Stroud & District	
98	18:4 1	953	Amelia Boucher	Afan Nedd Tawe Schools	86
99	18:4 3	103 1	Chelsea Forbes	South East Wales Schools	87
100	18:5 1	100 7	Helena Fischer	Glamorgan Valleys Schools	88
101	18:5 2	904	Ashleigh Bunn	City of Norwich	
102	18:5 7	106 3	Laura Crispie	Cardiff & Vale Schools	89
103	18:5 9	100 3	Phoebe Marsden	Glamorgan Valleys Schools	90
104	19:0 2	106 5	Sara Cuthbert	Cardiff & Vale Schools	91
105	19:0 3	105 9	Amy Thomas	Cardiff & Vale Schools	92
106	19:0 6	967	Shannon Williams	Afan Nedd Tawe Schools	93
107	19:0 7	961	Emily Jones	Afan Nedd Tawe Schools	94
108	19:0 9	104 4	Emily Tillet	South East Wales Schools	95
109	21:2 1	105 2	Brooke Langton-Cryer	Cardiff & Vale Schools	96

Teams

1	Gloucestershire	6	6	7	11	16	19	20	79
2	Dyfed	6	5	8	13	14	18	26	84
3	Cardiff & the Vale	6	4	12	15	17	21	22	91
4	Gloucestershire B	6	23	24	25	35	36	38	181
5	Cardiff & the Vale B	6	27	32	34	37	40	41	211
6	Dyfed B	6	28	29	30	33	39	62	221
7	Glamorgan Valleys	6	2	9	54	59	65	72	261
8	Cardiff & the Vale C	6	42	43	44	45	46	47	267
9	South East Wales	6	10	49	53	57	61	64	294
10	Cardiff & the Vale D	6	50	51	52	55	68	71	347
11	Afan Nedd Tawe	6	31	48	60	63	73	79	354
12	South East Wales B	6	66	67	75	78	80	87	453
13	Cardiff & the Vale E	6	74	77	82	85	89	91	498
Incomplete Teams									
	Glamorgan Valleys B	5	81	83	84	88	90		
	Gloucestershire C	3	56	58	69				
	Afan Nedd Tawe B	3	86	93	94				
	Dyfed C	2	70	76					
	Cardiff & the Vale F	2	92						
	Powys	1	1	96					
	Eryri	1	3						
	South East Wales C	1	95						

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Cardiff & the Vale of Glamorgan Schools AA

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Year 7 Girls – 2.4 km

Pos	Time	No	Name	Team	Sch	Pos	Time	No	Name	Team	Sch
1	09:16	156	Niamh Brown	Reigate Priory AC		48	11:35	209	Abbie Williams	Dyfed Schools	34
2	09:30	157	Olivia Sykes	Holmfirth Harriers		49	11:35	186	Elis Richards	Afan Nedd Tawe Schools	35
3	09:35	154	Elisha Walker	Stafford Harriers		50	11:36	250	Bridie Stevenson	South East Wales Schools	36
4	09:56	153	Seren Allin	Cardiff AAC		51	11:38	192	Lowri Evans	Afan Nedd Tawe Schools	37
5	09:57	226	Holly Banks	Gloucestershire Schools	1	52	11:40	281	Erin Howard-Cook	Cardiff & Vale Schools	38
6	09:58	163	Imogen Keeling	Taunton AC		53	11:41	187	Elissa Ratti	Afan Nedd Tawe Schools	39
7	09:59	227	Grace Knapp	Gloucestershire Schools	2	54	11:43	215	Brogan Hackett	Glamorgan Valleys Schools	40
8	10:00	151	Katy Whiteoak	Stockport Harriers		55	11:45	230	Saska Bowdler	Gloucestershire Schools	41
9	10:04	213	Molly Rees	Glamorgan Valleys Schools	3	56	11:48	190	Ffion George	Afan Nedd Tawe Schools	42
10	10:05	228	Mollie D'arcy Rice	Gloucestershire Schools	4	57	11:48	256	Bella Seymour	South East Wales Schools	43
11	10:05	161	Jessica Amy Brown	Taunton AC		58	11:49	283	Katie Long	Cardiff & Vale Schools	44
12	10:13	212	Holli Jehu	Glamorgan Valleys Schools	5	59	11:53	285	Maddie Lloyd	Cardiff & Vale Schools	45
13	10:28	240	Laura Stokley	South East Wales Schools	6	60	11:59	216	Shelby Rees	Glamorgan Valleys Schools	46
14	10:29	104	Emily Griffin	Cardiff AAC		61	12:02	193	Lowri Thomas	Afan Nedd Tawe Schools	47
15	10:31	214	Megan Bowen	Glamorgan Valleys Schools	7	62	12:03	220	Mali Meek	Glamorgan Valleys Schools	48
16	10:36	188	Ellie McCormick	Afan Nedd Tawe Schools	8	63	12:04	218	Naomi Reed	Glamorgan Valleys Schools	49
17	10:38	211	Isobel Dodd	Glamorgan Valleys Schools	9	64	12:05	185	Amber Murphy	Afan Nedd Tawe Schools	50
18	10:45	207	Ceris Davies	Dyfed Schools	10	65	12:06	246	Meghan Chalk	South East Wales Schools	51
19	10:46	233	Isabel Ovens	Gloucestershire Schools	11	66	12:07	287	Georgina Sweet	Cardiff & Vale Schools	52
20	10:47	160	Megan Tucker	Brecon AC		67	12:08	253	Annie Harlow	South East Wales Schools	53
21	10:47	231	Victoria Price	Gloucestershire Schools	12	68	12:11	275	Jennifer Ludtke	Cardiff & Vale Schools	54
22	10:50	164	Jessica White	Cheltenham Harriers		69	12:13	194	Megan Stratton-Thomas	Afan Nedd Tawe Schools	55
23	10:52	229	Rosanna Mutsaars	Gloucestershire Schools	13	70	12:14	278	Manon Jenkins	Cardiff & Vale Schools	56
24	10:53	232	Megan Creed	Gloucestershire Schools	14	71	12:15	282	Kate Mingay	Cardiff & Vale Schools	57
25	10:59	237	Natasha Smith	Gloucestershire Schools	15	72	12:17	249	Chelsie Davies	South East Wales Schools	58
26	11:00	155	Bridget Dence	Bournemouth AC		73	12:18	290	Bethan Jones	Cardiff & Vale Schools	59
27	11:03	286	Caitlin Exton	Cardiff & Vale Schools	16	74	12:19	266	Selina Radcliffe	Cardiff & Vale Schools	60
28	11:06	205	Lucy Omner	Dyfed Schools	17	75	12:19	284	Samantha Thomas	Cardiff & Vale Schools	61
29	11:06	203	Mared Owen	Dyfed Schools	18	76	12:19	260	Hana Evans	Cardiff & Vale Schools	62
30	11:07	234	Freia Lane	Gloucestershire Schools	19	77	12:19	264	Lowri Morgan	Cardiff & Vale Schools	63
31	11:09	273	Victoria Shaw	Cardiff & Vale Schools	20	78	12:22	217	Olivia Howells	Glamorgan Valleys Schools	64
32	11:10	245	Megan James	South East Wales Schools	21	79	12:24	279	Rhian Jones	Cardiff & Vale Schools	65
33	11:11	270	Freya McDougall	Cardiff & Vale Schools	22	80	12:24	272	Rosie Thomas	Cardiff & Vale Schools	66
34	11:13	165	Hannah Pryce	Oswestry Olympians		81	12:25	200	Niamh Roach	Dyfed Schools	67
35	11:16	269	Kieanna Deacon	Cardiff & Vale Schools	23	82	12:27	280	Aimee Withycombe	Cardiff & Vale Schools	68
36	11:20	274	Amber Harding	Cardiff & Vale Schools	24	83	12:29	263	Erin Grech	Cardiff & Vale Schools	69
37	11:23	162	Charlotte Hayward	Cheltenham Harriers		84	12:29	276	Emily Price	Cardiff & Vale Schools	70
38	11:27	208	Hazel Fox	Dyfed Schools	25	85	12:34	191	Isobel Guest	Afan Nedd Tawe Schools	71
39	11:27	239	Amelia Errington	Gloucestershire Schools	26	86	12:34	243	Felisha Lewis	South East Wales Schools	72
40	11:28	241	Elinor Wilkins Jones	South East Wales Schools	27	87	12:36	265	Sanant Emyr	Cardiff & Vale Schools	73
41	11:28	238	Verity Butler	Gloucestershire Schools	28	88	12:39	254	Seren Lillistone	South East Wales Schools	74
42	11:29	248	Cerys Priest	South East Wales Schools	29	89	12:42	277	Rachel Reilley	Cardiff & Vale Schools	75
43	11:30	242	Isabelle Rhead	South East Wales Schools	30	90	12:44	252	Bethany Melling	South East Wales Schools	76
44	11:32	196	Olivia Michael	Afan Nedd Tawe Schools	31	91	12:50	224	Livi Gibbs	Glamorgan Valleys Schools	77
45	11:32	236	Agata Giles	Gloucestershire Schools	32	92	12:53	292	Sophia Innocent	Cardiff & Vale Schools	78
46	11:33	204	Nia Griffiths	Dyfed Schools	33	93	12:56	262	Rosie Barrow	Cardiff & Vale Schools	79
47	11:33	152	Chloe Hopkins	Swansea Harriers		94	12:58	198	Tybie Newby-Chugg	Afan Nedd Tawe Schools	80
						95	12:59	244	Anna Jarrett	South East Wales Schools	81
						96	12:59	267	Sophie Oddy	Cardiff & Vale Schools	82

Cardiff & the Vale of Glamorgan Schools AA

Results – 35th Schools Invitation Races McCain Cardiff X Challenge – Blackweir, Sunday, January 15th, 2012

Dry but cold; Course reasonably firm; u15 boys ran a short course, misdirected by marshall, all ran the same course.

97	13:03	268	Jade Crofts	Cardiff & Vale Schools	83
98	13:06	261	Anna Richards	Cardiff & Vale Schools	84
99	13:12	221	Mollie Carter	Glamorgan Valleys Schools	85
100	13:17	202	Rebecca Walters	Dyfed Schools	86
101	13:25	288	Rhian Pell	Cardiff & Vale Schools	87
102	13:45	271	Harriet James	Cardiff & Vale Schools	88
103	14:01	257	Aimee Wallace	South East Wales Schools	89
104	14:11	259	Elinor Hardman	South East Wales Schools	90
105	14:19	291	Lisa James	Cardiff & Vale Schools	91
Dnf		289	Roisin Kelly	Cardiff & Vale Schools	

Teams

		\							
1	Gloucestershire	6	1	2	4	11	12	13	43
2	Glamorgan Valleys	6	3	5	7	9	40	46	110
3	Gloucestershire B	6	14	15	19	26	28	32	134
4	Dyfed	6	10	17	18	25	33	34	137
5	Cardiff & the Vale	6	16	20	22	23	24	38	143
6	South East Wales	6	6	21	27	29	30	36	149
7	Afan Nedd Tawe	6	8	31	35	37	39	42	192
8	Cardiff & the Vale B	6	44	45	52	54	56	57	308
9	South East Wales B	6	43	51	53	58	72	74	351
10	Cardiff & the Vale C	6	59	60	61	62	63	65	370
11	Cardiff & the Vale D	6	66	68	69	70	73	75	421
12	Cardiff & the Vale E	6	78	79	82	83	84	87	493
Incomplete teams									
	Afan Nedd Tawe B	5	47	50	55	71	80		
	Glamorgan Valleys B	5	48	49	64	77	85		
	South East Wales C	4	76	81	89	90			
	Dyfed B	2	67	86					
	Cardiff & the Vale F	2	88	91					
	Gloucestershire C	1	41						

91

	Race	ANT	C&V	Dyfed	Eyr	GV	Glo s	Po w	SE W	
u13B	96	12	32	6	0	6	10	0	17	83
u13G	105	11	32	8	0	11	13	0	16	91
u15B	86	7	27	8	0	6	11	0	12	71
u15G	109	9	32	14	1	11	15	1	13	96
u17B	91	12	21	7	0	6	14	1	15	76
u17G	80	11	22	7	0	5	12	0	12	69
u20B	62	1	7	2	0	7	9	0	7	33
u20G	33	4	3	2	1	0	4	2	3	19
	662	67	176	54	2	52	88	4	95	538

January Invitation Schools' Inter-Counties Match – Past Winners

Date	Venue	Y7 Girls Winner				Jun Girls Winner						
1	29/01/1977	Fairwater Park	2000m	23	Kate Roderick	S Glam	08:47	2400m	38	T Woods	M Glam	09:53
2	28/01/1978	Fairwater Park	2000m		L Smith	M Glam	09:20	2400m	40	Bethan Thomas	M Glam	10:39
	1979	Fixture	not held		Because of the road	conditions				around Cardiff		
3	26/01/1980	Fairwater Park	2000m	56	Sarah Dixon	S Glam	08:23	2400m	72	Debbie Crowley	W Glam	09:42
4	24/01/1981	Fairwater Park	2000m	59	Clare Pugh	Gwent	08:40	2400m	75	Debbie Crowley	W Glam	09:58
5	30/01/1982	Fairwater Park	2000m	67	C Underwood	Glos	08:24	2800m	71	Natalie Wood	S Glam	12:08
6	29/01/1983	Fairwater Park	2000m	69	Lisa Carthew	W Glam	08:04	2800m	65	Nicola Watts	Wilts	12:14
7	28/01/1984	Fairwater Park	2000m	62	Joanne Parsons	S Glam	08:04	2800m	73	Ceri Burnell	S Glam	11:44
8	26/01/1985	Fairwater Park	2000m	81	Julie Garrett	S Glam	08:23	2800m	87	Lisa Carthew	W Glam	12:00
9	25/01/1986	Fairwater Park			Race not held			2400m		Carolyn Green	Glos	08:39
10	17/01/1987	Cantonian HS		37	Sarah Veysey	Glos	07:33		42	Julie Garrett	S Glam	10:10
11	16/01/1988	Fairwater Park	2000m	73	Esther Merchant	Glos	08:56	2400m	74	Belinda Young	Glos	08:56
12	21/01/1989	Fairwater Park	2000m	76	Bronwen Weekes	Wilts	08:58	2400m	76	Catherine Morgan	Wilts	13:18
13	20/01/1990	Fairwater Park	2000m	64	Hannah Curnock	Glos	08:52	2400m	83	Anne-Marie Hutchison	W Glam	12:26
14	19/01/1991	Fairwater Park	2000m	72	Rebecca Hancock	W Glam	10:55	2400m	80	Hannah Curnock	Glos	11:44
15	18/01/1992	Fairwater Park	2000m		Laura Hale	Glos	08:31	2400m		Tina Wales	Wilts	11:56
16	23/01/1993	Fairwater Park	2000m	95	Rebecca Hill	Glos	09:37	2400m	90	Charlotte Reeks	Gwent	12:57
17	22/01/1994	Fairwater Park	2400m	95	Emma Morris	Wilts	10:42	3200m	92	Laura Hale	Glos	12:54
18	21/01/1995	Fairwater Park	2400m	80	Jenny Cadogan	Pem	12:41	3200m	70	Emma Morris	Wilts	15:44
19	20/01/1996	Fairwater Park	2400m	72	Sadie Crannis	W Wilts	12:10	3200m	78	Kristy Doyle	S Glam	13:25
20	18/01/1997	Fairwater Park	2700m	88	Fiona Harrison	Carm	11:35	3500m	94	Eleanor Sherrard-Smith	W Glam	14:33
21	24/01/1998	Cirencester	3000m	78	Lauren Tait	Card&V	14:07	3500m	71	Eleanor Sherrard-Smith	ANTawe	13:40
22	17/01/1999	Bute Park	3000m	70	Louise Durman	Glos	14:27	3000m	80	Amanda Jones	ANTawe	13:32
23	16/01/2000	Bute Park	3000m	67	Natalie Gill	ANTawe	14:15	3000m	76	Vicky Holland	Glos	14:03
24	14/01/2001	Bute Park	3000m	62	Emily Pidgeon	Glos	13:21	3000m	66	Louise Durman	Glos	14:01
25	13/01/2002	Bute Park	3000m	109	Yasmin Smith	Wilts	13:52	3000m	95	Nia Dainton	GlamV	13:52
26	19/01/2003	Bute Park	3000m	95	Sarah Hopkinson	Glos	13:36	3000m	117	Non Stanford	ANTawe	12:27
27	18/01/2004	Bute Park	3000m	103	Kristie O'Connell	Glam Vall	13:07	3000m	99	Emma Lambourne	Wilts	11:39
28	23/01/2005	Bute Park	3000m	98	Zoe Thomas	Glam Vall	14:25	3000m	91	Sarah Hopkinson	Glos	12:56
29	22/01/2006	Blackweir	3000m	91	Amber Watson	Glos	11:47	3000m	87	Lizzie Michener	Glos	11:24
30	21/01/2007	Blackweir	3000m	83	Hywelis Thomas-Howells	ANTawe	15:23	3000m	82	Jade Williams	Dyfed	14:58
31	20/01/2008	Blackweir	2500m	81	Shannon Carroll	Glos	09:38	4200m	77	Amber Watson	Glos	16:08
32	18/01/2009	Blackweir	3000m	91	Siwan Thomas-Howells	ANTawe	11:01	3600m	74	Megan W ithers	Dyfed	14:06
33	17/01/2010	Blackweir	3000m	80	Rosa Yates	Glam Vall	09:50	4200m	83	Rebecca Evans	Glam Vall	13:29
34	16/01/2011	Blackweir	2400	86	Cari Llŷr Hughes	Eryri	09:19	3500	76	Olivia Gwynn	ANTawe	13:53
35	15/01/2012	Blackweir	2400	91	Holly Bankes	Glos	09:57	3500	96	Heidi Davies	Powys	14:15

Date	Venue	Inter Girls Winner				Senior Girls Winner						
1	29/01/1977	Fairwater Park	3200m	34	A Croucher	Glos	12:24			No Event		
2	28/01/1978	Fairwater Park	3200m	46	Linda Gibson	Glos	12:01			No Event		
	1979	Fixture	not held		Because of the road	conditions				around Cardiff		
3	26/01/1980	Fairwater Park	3200m	60	K Taylor	Glos	11:35	4000m	17	J Savage	Glos	15:55
4	24/01/1981	Fairwater Park	3200m	53	Fiona Harwood	M Glam	11:32	4000m	32	J Davis	Wilts	17:00
5	30/01/1982	Fairwater Park	3600m	49	Fiona Harwood	M Glam	13:31	4000m	23	Sally James	Gwent	15:46
6	29/01/1983	Fairwater Park	3600m	54	Sarah Hodge	Glos	14:00	4000m	28	Nicky Moffatt	Wilts	16:41
7	28/01/1984	Fairwater Park	3600m	65	Margaret Joyce	Glos	13:24	4000m	30	Jane Oldfield	S Glam	14:57
8	26/01/1985	Fairwater Park	3600m	77	Clare Pugh	Gwent	13:30	4000m	26	Margaret Joyce	Glos	15:09
9	25/01/1986	Fairwater Park	3600m	26	Wendy McNamara	S Glam	14:45	4000m	13	Wendy Jones	Glos	16:43
10	17/01/1987	Cantonian HS		35	Joanne Parsons	S Glam	11:23		14	Cath Grayson	Glos	14:34
11	16/01/1988	Fairwater Park	3600m	54	Carolyn Green	Glos	14:51	4000m	15	Carol Hayward	Gwent	16:29
12	21/01/1989	Fairwater Park	3600m	62	Belinda Young	Glos	nt	4000m	27	Heidi Elmore	Wilts	17:39
13	20/01/1990	Fairwater Park	3600m	64	Cathy Shrubbs	Wilts	14:35	4000m	39	Catrin Osborne	Wilts	16:23
14	19/01/1991	Fairwater Park	3600m	60	Emma Greymore	Glos	13:35	4000m	23	Veryan Weekes	Wilts	15:25
15	18/01/1992	Fairwater Park	3600m		Anne-Marie Hutchison	W Glam	14:04	4000m		Alison Morgan	M Glam	16:13
16	23/01/1993	Fairwater Park	3600m	72	Tina Wales	Wilts	15:58	4000m	42	Amy Stiles	Wilts	17:00
17	22/01/1994	Fairwater Park	4000m	72	Tina Wales	Wilts	17:04	4000m	33	Clare Martin	Gwent	17:24
18	21/01/1995	Fairwater Park	4000m	61	Claire Thomas	W Glam	19:41	4000m	37	Rachel O' Donnell	S Glam	20:20
19	20/01/1996	Fairwater Park	4000m	65	Camilla Waite	Wilts	17:22	4000m	38	Anne-Marie Hutchison	W Glam	16:49
20	18/01/1997	Fairwater Park	4300m	59	Georgina Parnell	Glos	18:05	4300m	31	Claire Thomas	W Glam	17:23
21	24/01/1998	Cirencester	4250m	57	Kristy Doyle	Card&V	16:13	4250m	30	Lucy Kirby	Card&V	16:27
22	17/01/1999	Bute Park	4000m	65	Eleanor Sherrard-Smith	ANTawe	17:16	5000m	30	Lucy Kirby	Card&V	22:37
23	16/01/2000	Bute Park	4000m	60	Kate Goodhead	Glos	17:28	5000m	20	Kristy Doyle	Card&V	22:05
24	14/01/2001	Bute Park	4000m	54	Vicky Holland	Glos	17:58	5000m	21	Eleanor Sherrard-Smith	ANTawe	23:23
25	13/01/2002	Bute Park	4000m	77	Vicky Holland	Glos	16:28	5000m	22	Amanda Jones	ANTawe	21:48
26	19/01/2003	Bute Park	4000m	83	Sara Ponsford	Wilts	17:06	5000m	33	Vicky Holland	Glos	21:19
27	18/01/2004	Bute Park	4000m	81	Emily Pidgeon	Glos	14:11	5000m	42	Sara Ponsford	Wilts	18:59
28	23/01/2005	Bute Park	4000m	90	Kayleigh Brown	Dyfed	17:22	5000m	43	Sara Ponsford	Wilts	20:43
29	22/01/2006	Blackweir	3000m	64	Leah Dixon	Glam Vall	14:47	3000m	33	Non Stanford	ANTawe	17:40
30	21/01/2007	Blackweir	4000m	64	Sarah Hopkinson	Glos	17:08	5000m	33	Julia Cooke	Glos	20:04
31	20/01/2008	Blackweir	4200m	63	Zoe Thomas	Glam Vall	16:29	5000m	25	Leah Dixon	Glam Vall	19:30
32	18/01/2009	Blackweir	4200m	59	Ffion Price	Powys	15:29	4800m	25	Leah Dixon	Glam Vall	16:27
33	17/01/2010	Blackweir	4200m	62	Megan W ithers	Dyfed	16:22	4800m	28	Natasha Cockram	SE Wales	16:00
34	16/01/2011	Blackweir	4600m	60	Megan W ithers	Dyfed	18:49	4600m	31	Natasha Cockram	SE Wales	17:58
35	15/01/2012	Blackweir	4600m	69	Malika Rezougui	SE Wales	18:32	4600m	19	Ffion Price	Powys	17:56

January Invitation Schools' Inter-Counties Match – Past Winners

	Date	Venue	Y7 Boys Winner	Junior Boys Winner
1	29/01/1977	Fairwater Park 2400m	44 M Crumb	M Glam 9:54 3200m 58 S Bond
2	28/01/1978	Fairwater Park 2400m	40 Phil Field	Glos 10:13 3200m 52 I Pendry
	1979	Fixture not held	Because of the road conditions	around Cardiff
3	26/01/1980	Fairwater Park 2800m	41 J Price	Gwent 11:47 4000m 57 Nick Comerford
4	24/01/1981	Fairwater Park 2800m	52 Andrew Jones	M Glam 12:16 4000m 73 Peter Bridger
5	30/01/1982	Fairwater Park 2800m	64 Alex Smith	Glos 11:52 4400m 79 Barry Gilbert
6	29/01/1983	Fairwater Park 2800m	60 Paul Isgrove	Gwent 12:06 4400m 71 Andrew Stanley
7	28/01/1984	Fairwater Park 2800m	77 Mark Morgan	Gwent 11:38 4400m 71 Sean Brosnan
8	26/01/1985	Fairwater Park 2800m	73 Will Patterson	S Glam 12:06 4400m 79 Mark Fairley
9	25/01/1986	Fairwater Park	Race not held	25 Stephen Higton
10	17/01/1987	Cantonian HS	40 Ian Sandford	Glos 11:04 35 Andrew Parker
11	16/01/1988	Fairwater Park 2800m	67 Alex Hills	Glos nt 4400m 72 James Redman
12	21/01/1989	Fairwater Park 2800m	73 James Berry	Glos 12:41 4400m 79 Ian Sandford
13	20/01/1990	Fairwater Park 2800m	70 Jim Cook	Gwent 11:52 4400m 63 Justin Thomas
14	19/01/1991	Fairwater Park 2800m	71 Steven Lawrence	W Glam 11:28 4400m 66 Ben Newson
15	18/01/1992	Fairwater Park 2800m	Chris Rutherford	Wilts 11:25 4400m K Williams
16	23/01/1993	Fairwater Park 3200m	89 David Scott	Wilts 12:32 4400m 77 Steven Lawrence
17	22/01/1994	Fairwater Park 3200m	83 Kevin Summerhayes	S Glam 12:53 4000m 86 Ross Fittall
18	21/01/1995	Fairwater Park 3200m	78 Ian Sampson	Glos 15:03 4000m 67 Scott Williams
19	20/01/1996	Fairwater Park 3200m	69 Richard Kinsey	M Glam 13:01 4000m 69 Andrew Sherman
20	18/01/1997	Fairwater Park 3500m	78 Lee Jones	Card&V 14:09 4300m 70 Gareth Bryant
21	24/01/1998	Cirencester	72 Garry Hughes	Glos 13:17 4250m 72 Michael Target
22	17/01/1999	Bute Park 3000m	80 Thomas James	Glam Vall 13:00 4000m 74 Jem Scragg
23	16/01/2000	Bute Park 3000m	70 Ian Whitfield	Glos 14:00 4000m 77 Nathan Cleverly
24	14/01/2001	Bute Park 3000m	64 Hamish McKinnell	Wilts 13:50 4000m 72 Alex Felce
25	13/01/2002	Bute Park 3000m	94 Grant Stokes	SE Wales 13:13 4000m 94 Afan Humphries
26	19/01/2003	Bute Park 3000m	79 Chris Stokes	Wilts 12:51 4000m 85 Alex Guerin
27	18/01/2004	Bute Park 3000m	88 Ben Coldray	Glos 11:05 4000m 80 Simon Lawson
28	23/01/2005	Bute Park 3000m	88 Tom Curr	Glos 13:21 4000m 90 Ben Coldray
29	22/01/2006	Blackweir 3000m	85 Thomas Purnell	Glos 10:55 3000m 69 Ben Coldray
30	21/01/2007	Blackweir 3000m	78 Harri Coldray	Glos 14:08 4000m 69 Tom Curr
31	20/01/2008	Blackweir 2500m	87 Morgan Thomas	Glam Vall 09:05 4200m 71 Tom Purnell
32	18/01/2009	Blackweir 3000m	79 Christian Lovatt	Dyfed 10:13 4200m 82 Mathew Antoniazzi
33	17/01/2010	Blackweir 3000m	72 Matthew Grantham	SE Wales 09:46 4200m 80 Kyran Roberts
34	16/01/2011	Blackweir 2400m	78 George Bygrave	Glos 09:18 4100m 86 Lewis Jones
35	15/01/2012	Blackweir 2400m	83 Ben Edwards	Glam Vall 09:26 4100m 71 Nikita Neary

	Date	Venue	Inter	Boys	Winner	Sen	Boys
1	29/01/1977	Fairwater Park	4800m	55	Stuart Tossell	M Glam nt 6400m	19 Kevin Glastonbury
2	28/01/1978	Fairwater Park	4800m	40	Steve Blakemore	S Glam 15:33 6400m	22 T Lloyd
	1979	Fixture not held	held	held	Because of the road conditions	around Cardiff	
3	26/01/1980	Fairwater Park	5200m	44	Brian Matthews	S Glam 17:00 6800m	35 Richard Toms
4	24/01/1981	Fairwater Park	5200m	57	Nigel Gooch	M Glam 17:14 6800m	49 Geoff Hill
5	30/01/1982	Fairwater Park	5200m	67	Paul Williams	S Glam 17:19 6800m	53 David Thomas
6	29/01/1983	Fairwater Park	5600m	61	Paul Williams	S Glam 18:50 7200m	45 David Thomas
7	28/01/1984	Fairwater Park	5600m	69	Colin Hignell	S Glam 18:08 7200m	57 Nick Comerford
8	26/01/1985	Fairwater Park	5600m	69	Justin Hobbs	S Glam 18:29 7200m	66 Carl Worthington
9	25/01/1986	Fairwater Park	5600m	25	Mark Fairley	Glos 19:18 7200m	17 David Attwood
10	17/01/1987	Cantonian HS		44	Stephen Glyn	Gwent 15:03	32 Chris Osborne
11	16/01/1988	Fairwater Park	5600m	62	Paul Freegard	Gwent 19:33 7200m	54 Mark Fairley
12	21/01/1989	Fairwater Park	5600m	57	Richard Gardiner	M Glam 20:58 7200m	35 David Johnstone
13	20/01/1990	Fairwater Park	5600m	67	Steven Mitten	Glos 19:37 7200m	48 Robert Simon
14	19/01/1991	Fairwater Park	5600m	68	David Povall	Gwent 17:54 7200m	43 Peter Steel
15	18/01/1992	Fairwater Park	5600m	Ben Newson	Wilts 19:00 7200m	Chris Stephenson	S Glam 23:07
16	23/01/1993	Fairwater Park	5600m	86	Ben Newson	Wilts 20:52 7200m	65 Chris Blount
17	22/01/1994	Fairwater Park	5600m	55	Will Peltor	Wilts 20:32 7200m	54 Matt O' Dowd
18	21/01/1995	Fairwater Park	5600m	63	Steven Lawrence	W Glam 23:34 7200m	50 Chris Trickett
19	20/01/1996	Fairwater Park	5600m	64	Paul Gronow	S Glam 20:32 7200m	43 Robert Morris
20	18/01/1997	Fairwater Park	5900m	67	Chris Davey	Card&V 21:39 7500m	48 Matthew Collins
21	24/01/1998	Cirencester	6500m	56	Andrew Sherman	Wilts 22:37 7750m	38 Paul Gronow
22	17/01/1999	Bute Park	6000m	66	Matthew Jones	Powys 22:03 7000m	44 Andrew Sherman
23	16/01/2000	Bute Park	6000m	73	David Jones	Car&Pem 21:50 7000m	51 Andrew Sherman
24	14/01/2001	Bute Park	6000m	68	Jem Scragg	Wilts 23:22 7000m	29 Robert Wade
25	13/01/2002	Bute Park	6000m	82	Gary Hughes	Glos 22:21 7000m	60 David Jones
26	19/01/2003	Bute Park	6000m	72	Alex Felce	Glos 21:55 7000m	52 James McCarthy
27	18/01/2004	Bute Park	6000m	88	David McCarthy	St Augus 19:54 7000m	39 James McCarthy
28	23/01/2005	Bute Park	6000m	77	Matthew Williams	South W 22:21 7000m	47 Tom Russell
29	22/01/2006	Blackweir	6000m	65	Dewi Griffiths	Dyfed 19:13 6000m	50 Afan Humphries
30	21/01/2007	Blackweir	6000m	62	Matthew Withey	Glos 22:20 7000m	34 Ieuan Thomas
31	20/01/2008	Blackweir	6000m	62	Robert Galt	Glos 20:10 6700m	39 Simon Lawson
32	18/01/2009	Blackweir	5900m	70	Tom Curr	Glos 18:14 6500m	38 Dewi Griffiths
33	17/01/2010	Blackweir	6000m	63	Aaron Phelps	Glos 19:25 6500m	38 Tom Curr
34	16/01/2011	Blackweir	5700m	57	Kyran Hale	Glos 20:49 6800m	34 Tom Purnell
35	15/01/2012	Blackweir	5700m	76	Connor Davies	AfanNT 19:52 6800m	33 Matthew Edwards